

ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community committed to building up one another in Christ. We are nourished by the sacraments, and our shared service to one another and the wider community.



FIRST READING

Genesis 18.20-32

SECOND READING

Colossians 2.12-14

GOSPEL

Luke 11.1-13

Psalms 138

LORD, ON THE DAY I
CALLED FOR HELP,
YOU ANSWERED ME.

Gospel Reflection

In Luke 11:1–13, Jesus responds to his disciples' request, "Lord, teach us to pray," by giving them the Lord's Prayer—a model not just of words, but of trust, humility, and persistence. He then shares a parable about a man knocking at his friend's door at midnight, reminding us that prayer is not a polite suggestion whispered once, but a bold and persistent seeking of the Father's help. Jesus urges us to "ask... seek... knock," assuring us that God hears and answers. But the emphasis is not only on the what we ask for, but who we ask. Jesus shifts our focus

from specific outcomes to the generosity of the Father, who delights in giving the Holy Spirit to those who ask.

This passage challenges us to reflect on our own prayer life. Are we hesitant to approach God, or do we trust in his goodness? Do we persist in prayer—not to change God's mind, but to deepen our dependence on him? Jesus teaches us that prayer is not transactional but relational, rooted in the unwavering love of a Father who knows how to give what is truly best.

Church Restoration

Our church restoration is making steady progress both on and off site. Inside the church, work is actively underway on the floors and plaster—important groundwork that's preparing the space for the next major phase: the ceiling. Meanwhile, all of our pews have been removed and are currently being restored off-site with great care.

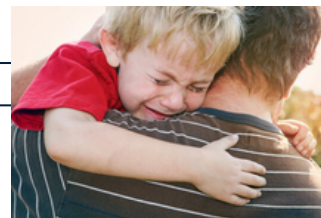
We're so grateful for your continued patience and flexibility as Mass takes place in the parish hall. While it's not the same as being in the church, we can at least be thankful for one unexpected blessing: air conditioning!

Thank you for your prayers and support as this restoration continues. We'll keep you updated as new milestones are reached.



Masses and Intentions

Saturday	5:00 p.m.	<ul style="list-style-type: none"> † Julio David by the De Jesus family † Frank Chiarelli by the family
Sunday	9:00 a.m.	<ul style="list-style-type: none"> People of the Parish † All Souls Intentions
Sunday	11:00 a.m.	<ul style="list-style-type: none"> † Margaret and Earl Devine by Diana and Barry Devine and family
Tuesday	9:00 a.m.	<ul style="list-style-type: none"> † Andre Volpe by The Weekday Mass Friends
Wednesday	9:00 a.m.	<ul style="list-style-type: none"> † Rev. Deacon Jeffrey Nelson by Janet, children and grandchildren
Thursday	9:00 p.m.	<ul style="list-style-type: none"> † Joseph Byrne by Valerie Haggart
Friday	9:00 a.m.	<ul style="list-style-type: none"> † All Souls Intentions
Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment		



Speak to God as child to Father—honest and unafraid.

July 26

Memorial of Saints Joachim and Anne, Parents of the Blessed Virgin Mary

Though not mentioned by name in Scripture, their names and legacy come to us through ancient Christian tradition. These holy spouses are venerated for their role in raising Mary, who would become the Mother of our Lord.

Joachim and Anne remind us of the quiet strength found in family life and the crucial role that parents and grandparents play in handing on the faith. In their example, we see the importance of nurturing holiness in the home, of trusting in God's promises even when hope seems distant, and of preparing the next generation to respond to God's call.

This memorial is also a special occasion to pray for grandparents and the elderly, giving thanks for their love, wisdom, and the foundation of faith they provide.

Events & Announcements

Congratulations to the CWL Bursary Recipients!

We extend our heartfelt congratulations to Angelyn Joseph and Denis Wright, recipients of the Catholic Women's League Bursaries, presented last week at Mass on July 20, 2025.

In the words of Louise Nother, President of the St. Patrick's CWL, both Angelyn and Denis are "discerning believers in the Catholic faith community who celebrate the signs and sacred mystery of God's presence through word, sacrament, prayer, forgiveness, reflection, and moral living." As faithful members of our parish and active participants in the liturgical ministry, they embody a deep commitment to their faith and serve as inspiring role models for the younger generation.

This fall, Angelyn will begin her studies in Biomedical Sciences, and Denis in Civil Engineering, both at the University of Ottawa. We are confident they will carry their values, faith, and

dedication with them as they begin this exciting new chapter. May God continue to guide and bless them in all their endeavours.



July 31
**Memorial of St. Ignatius of
 Loyola, Priest**

St. Ignatius of Loyola was the founder of the Society of Jesus (Jesuits) and one of the most influential spiritual leaders in the history of the Church. Born in Spain in 1491, Ignatius underwent a profound conversion after being wounded in battle. Turning away from worldly ambition, he devoted himself entirely to Christ and to discerning God's will in all things.

Ignatius is best known for his Spiritual Exercises, a guide to deepening one's relationship with God through prayer, reflection, and discernment. His motto, *Ad Majorem Dei Gloriam*—"For the greater glory of God"—captures his life's mission and continues to inspire countless individuals and institutions around the world.

St. Ignatius reminds us that holiness is not reserved for the cloistered or the perfect, but is found in our daily choices, when we seek God with sincerity and act with love. May his legacy encourage us to live with purpose, to discern God's call in our lives, and to serve others with humility and zeal, always striving to glorify God in all we do.

To learn more about St. Ignatius' Spiritual Exercises, see the back page of this bulletin.



Events & Announcements

Coffee Sundays— Volunteers Needed!

We're eager to make Coffee Sundays as a regular parish tradition starting this September, offering a wonderful chance to connect and build community after Mass. However, these gatherings can only happen with your help!

If you've been thinking about volunteering to host a Coffee Sunday, now is the time to step forward. We need more parish families or groups to sign up very soon to make this possible. Don't worry—coffee, supplies, training, and full support are provided. All you need to bring is your warmth and hospitality!

Please don't delay—if you're interested or want more information, contact David Piccolo at communications@stpatricksfallowfield.com as soon as possible. Let's make this happen together!

Sacred Art Fundraiser



Thank you to everyone who has generously supported the restoration of our church and

the adornment of our ceiling with sacred art. Every gift moves this important project forward. If you would like to donate, please contact the parish office or visit our website.

Sunday Smile

A woman goes to her parish priest and says, "Father, I have a problem. My parrot only says one thing: 'Let's kiss and have fun!' I've tried everything, but she just keeps saying it over and over again. It's getting embarrassing."

The priest replies, "No need to worry! I actually have two male parrots here at the rectory who spend their days praying and reading Scripture. Maybe if you bring your parrot over, she'll see a better example and change her ways."

The woman agrees, and the next day she brings her parrot to the rectory. The priest opens the cage where the two male parrots are praying the rosary and sets the female parrot inside.

Immediately, she squawks, "Let's kiss and have fun!"

One of the male parrots slowly turns to the other and says,

"Put the beads away, Frank. Our prayers have been answered."

FORMED
 Study | Watch | Listen | Read

Enjoy a FREE subscription to [formed.org](https://www.formed.org) – an incredible online gateway to quality Catholic content for both children and adults. To learn more or to register, visit the parish website for details.



What Are the Spiritual Exercises of St. Ignatius?

The Spiritual Exercises of St. Ignatius of Loyola are a structured set of meditations, prayers, and contemplative practices designed to help individuals deepen their relationship with God and discern His will in their lives. Written in the early 16th century, these Exercises form the foundation of Ignatian spirituality and have guided countless people—lay and religious alike—on their spiritual journey.

Originally intended for use during a 30-day silent retreat under the guidance of a spiritual director, the Exercises have since been adapted for shorter periods and everyday life. Whether undertaken over several days, weeks, or even months, they remain a powerful tool

for interior renewal and vocational clarity.

The Exercises are divided into four “weeks,” or phases:

- Week One focuses on recognizing the reality of sin, our need for God’s mercy, and the gift of forgiveness.
- Week Two draws us into the life of Christ, inviting us to know Him more intimately and to follow Him more closely.
- Week Three turns to Christ’s Passion and death, allowing us to enter deeply into His suffering and love.
- Week Four celebrates the joy of the Resurrection and the call to live with hope and spiritual freedom.

At their core, the Spiritual Exercises aim to cultivate a discerning heart, one that seeks God in all things and chooses always what brings about greater love and service. They invite us to realign our desires with God’s will and to respond generously to His call, whatever form that may take.

If you would like to explore the full text of the Spiritual Exercises, scan the QR code below to access a complete version on our website (PDF file).



Parish Contacts

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Bookkeeper

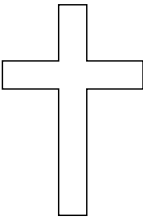
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Communication Specialist

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Parish Life

- The Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women’s League meets on the 2nd Tuesday of the month in the Monsignor Baxter Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month in the Monsignor Baxter Parish Hall.
- Children’s Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.



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Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

