

# ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community committed to building up one another in Christ. We are nourished by the sacraments, and our shared service to one another and the wider community.



## First Reading

Isaiah 8.23–9.3

## Second Reading

1 Corinthians 1.10-13, 17

## Gospel

Matthew 4.12-23

Psalms 27

THE LORD IS MY  
LIGHT AND MY  
SALVATION.

## Gospel Reflection

In today's Gospel, Jesus begins his public ministry not in the safety of Jerusalem, but in Galilee, a place marked by obscurity and struggle. Matthew is careful to tell us that this move fulfills Isaiah's prophecy: a people who walked in darkness have seen a great light. Jesus does not wait for perfect conditions or prepared hearts. He enters ordinary life and announces a simple but demanding call: "Repent, for the kingdom of heaven is at hand." This call is not about shame or fear. Repentance means turning, reorienting our lives toward the light now standing before us. As the psalm reminds us, "The Lord is my light and my salvation." To follow Christ is to step out of the

shadows that limit us and trust that his presence changes everything.

Jesus then calls fishermen who are busy, rooted, and unremarkable. They leave their nets immediately, not because they understand everything, but because they recognize authority spoken with love. Saint Paul echoes this urgency when he urges the Corinthians to stop dividing themselves and to be united in Christ.

The Gospel ends with Jesus teaching, proclaiming, and healing. Where Christ is welcomed, darkness gives way to joy, unity, and hope. Today, the same invitation is extended to us: turn toward the light, and follow.

## An Invitation to Register with the Parish

Many people who regularly attend Mass at St. Patrick, Fallowfield are not registered with the parish office. In fact, some may not even know that parish registration is a thing, and that is completely understandable. Registering has always been optional, but there are a few reasons you may wish to consider it.

For those who choose to make donations, registration allows the parish to issue a tax receipt. Even for those who do not plan to donate, registration is still helpful in practical ways. It gives us a clearer picture of who is attending Mass with us and how our parish community is growing. Without registration, the only way we can estimate attendance is by counting people in the pews.

If this is where you regularly come for Mass, consider registering at your convenience. There is no pressure or expectation—just an open invitation.

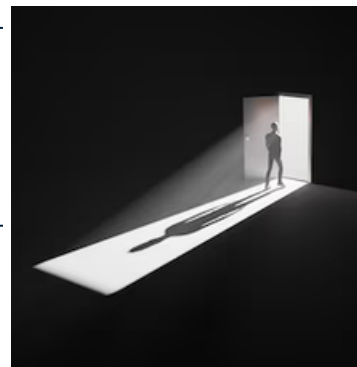
Registration is available through the parish office or on our website.



# Mass Intentions

Saturday	5:00 p.m.	<ul style="list-style-type: none"> <li>• People of the Parish</li> </ul>
Sunday	9:00 a.m.	<ul style="list-style-type: none"> <li>• † John Liepa, by Rick Temelini and Marie-Andree Trudeau.</li> <li>• † Martha McRae, by the Connolly-McRae family.</li> <li>• For the spiritual healing of the Noronha family, by the Noronha Family.</li> </ul>
Sunday	11:00 a.m.	<ul style="list-style-type: none"> <li>• † Michael (Mike) Frederick Jarvis, by the family.</li> <li>• † Nicole Provost, by Shirley and Roger Provost.</li> <li>• † Nancy McKenna, by Nathalie McKenna.</li> <li>• † Frank and Rosalie Vigneron, by Olga Dufresne.</li> </ul>
Tuesday	9:00 a.m.	<ul style="list-style-type: none"> <li>• † Rita Hurley, by Judy and Michael Chambers.</li> </ul>
Wednesday	9:00 a.m.	<ul style="list-style-type: none"> <li>• † All Souls Intention</li> </ul>
Thursday	9:00 a.m.	<ul style="list-style-type: none"> <li>• † Ana Braza, by Edwin and Bernadette Facto.</li> </ul>
Friday	9:00 a.m.	<ul style="list-style-type: none"> <li>• † All Souls Intention</li> </ul>

Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment



Step out of darkness and walk in the Lord's light.

## News & Events

### Stay Engaged

Follow us on social media and stay engaged with our vibrant community. If you are posting photographs of events at the church, we'd love to see them, see remember to tag us!



### Community Breakfast

Sunday, Feb. 8<sup>th</sup>



Join Us for Our First Community Breakfast of 2026! Start the year with a warm and welcoming community breakfast hosted by the Knights of Columbus on Sunday, February 8, following the 9:00 a.m. and 11:00 a.m. Masses. Gather with fellow parishioners to enjoy delicious food and great company—we can't wait to see you there!



### Shrove Tuesday Pancake Dinner

Tuesday, Feb. 17<sup>th</sup>, 5 - 7:00 p.m.



Join us for our Shrove Tuesday Pancake Dinner, organized by the Knights of Columbus. This centuries-old Christian tradition comes from the custom of using up foods like eggs, milk, and butter before Lent begins on Ash Wednesday. Enjoy a warm meal, good company, and a meaningful way to mark the start of the Lenten season. Please visit our website to RSVP. 🥞



# News & Announcements

## Live Stream Update

Our parish livestream is temporarily unavailable as we transition to a new internet line. Installation is not expected for a few weeks, and as a result, livestreams will be on hold during this time. We anticipate being back online by early February.

Thank you for your patience and understanding as we work to improve the reliability of our service. We look forward to welcoming you back online soon and will share updates as they become available.

January 26

### Saints Timothy and Titus

This week the Church celebrates Saints Timothy and Titus, close companions of Saint Paul and leaders in the early Church. Entrusted with guiding young Christian communities, they were responsible for teaching the faith, strengthening believers, and helping build stable foundations for the growing Church.

What makes Timothy and Titus especially relatable is that they were not apostles in the dramatic sense, but steady servants who carried the faith forward through perseverance and trust in God. Their example reminds us that building the Church often happens through quiet faithfulness, consistency, and a willingness to take responsibility for the good of the community.

As we remember Saints Timothy and Titus, we are invited to reflect on our own role in passing on the faith. Whether through teaching, volunteering, encouragement, or simply living the Gospel in daily life, each of us is called to be a trustworthy steward of the faith we have received.

## Volunteer Opportunities

The Children's Liturgy Program at St. Patrick's is in need of several adult volunteers. We are hoping to expand the program, so that it offered a both the 9am and the 11am Sunday Masses. We have a well established program, with lots of resources. The current leaders will help train all new volunteers. The 11am Mass program will begin as soon as there are enough volunteers (min. 4 adults), hopefully this spring. The team at the 9am Mass will be stepping down in June, and so we will need a new team in place by September. However, we are happy to add new volunteers to the current schedule. At this time, we do not need any teen volunteers. Volunteers do not need teaching experience, although Teachers' College students and recent graduates are most welcome. A willingness to share the Gospel with children, ages 3 - 9, is all that is needed. If you are interested, please contact Leah Moore at [childrensliturgy@stpatricksfallowfield.com](mailto:childrensliturgy@stpatricksfallowfield.com), speak with Anita MacNeil in the parish office, or stop by the boardroom after the 9am Mass and speak with one of the leaders.



January 28

### St. Francis de Sales, Bishop and Doctor of the Church

This week we also celebrate Saint Thomas Aquinas, a Dominican friar, priest, and one of the greatest thinkers and teachers of the Church. Known as the "Doctor of the Church," Thomas dedicated his life to understanding and explaining the truths of faith, showing how reason and revelation work together to lead us closer to God. His writings, especially the Summa Theologica, continue to guide theologians, clergy, and laypeople in deepening their understanding of Scripture, the sacraments, and Christian life.

Saint Thomas's example reminds us that faith and intellect are gifts to be used in the service of God and others. We are invited to grow in knowledge, reflection, and prayer, seeking always to live our faith with both wisdom and devotion, and to share the light of Christ in our words and actions.

## Donation Envelopes

If you requested a donation envelope, please pick it up soon. Donations can be made by cheque, any parish envelope, or e-transfer to [finance@stpatricksfallowfield.com](mailto:finance@stpatricksfallowfield.com) (use your envelope number as the password, adding leading zeros if needed). Tax receipts are issued at year-end. For questions, contact Kati at [office@stpatricksfallowfield.com](mailto:office@stpatricksfallowfield.com).

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Enjoy a FREE subscription to [formed.org](http://formed.org) – an incredible online gateway to quality Catholic content for both children and adults. To learn more or to register, visit the parish website for details.



# News & Announcements

## Sunday of the Word of God

Today the Church celebrates the Sunday of the Word of God, a day established by Pope Francis to draw our attention to the central place Sacred Scripture holds in the life of the Church and in our daily lives as Christians. This Sunday reminds us that the Word of God is not only proclaimed at Mass, but is meant to be listened to, prayed with, and lived.

The Scriptures are how God continues to speak to His people. Through them, we come to know Christ more deeply, to understand God's mercy and call, and to be shaped as disciples. When the Word is proclaimed, it is not simply recalling something from the past. It is God addressing us here and now, offering guidance, comfort, challenge, and hope. For us as listeners, this day is an invitation. An invitation to listen more attentively at

Mass, to open the Scriptures at home, and to allow God's Word to take root in our hearts. Even a small habit, such as reflecting on the Sunday readings during the week or reading a short passage each day, can deepen our relationship with God. As we celebrate this Sunday, may we grow in love for the Word of God, recognizing it as a living gift that strengthens our faith and guides us in how we live, serve, and love one another.



### Help our Parish Grow

#### Leave us a Review!

Do you share our passion for this parish? When people seek to join a parish, they often begin their search on Google. By enhancing our parish's Google rating, you can play a pivotal role in drawing in new parishioners. Join us in spreading the love for our community!



## Parish Contacts

Pastor:

Fr. Paul Shepherd

[pastor@stpatricksfallowfield.com](mailto:pastor@stpatricksfallowfield.com)

Deacon:

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Parish Manager:

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Communication Specialist:

David Piccolo

[communications@stpatricksfallowfield.com](mailto:communications@stpatricksfallowfield.com)

### Parish Life

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women's League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children's Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

### Get Involved



St. Patrick Parish, 15 Steeple Hill Cres.

Nepean, ON K2R 1G2

613-591-1135

[www.stpatricksfallowfield.com](http://www.stpatricksfallowfield.com)

Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

