

# ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community committed to building up one another in Christ. We are nourished by the sacraments, and our shared service to one another and the wider community.



## First Reading

Genesis 12.1-4a

## Second Reading

2 Timothy 1.8b-10

## Gospel

Matthew 17.1-9

Psalms 33

LET YOUR LOVE BE  
UPON US, LORD, EVEN  
AS WE HOPE IN YOU.

## Gospel Reflection

In this Sunday's Gospel, we witness the Transfiguration of Jesus on the mountain, where His face shines like the sun and His clothes become dazzling white.

Peter, James, and John are overwhelmed by this vision, hearing the voice of God affirming, "This is my beloved Son, with whom I am well pleased; listen to him."

The Transfiguration reveals the glory of Christ that lies beyond suffering and death, offering a glimpse of the Kingdom to come. It reminds us that the journey of faith involves both the ordinary struggles of daily life and moments of divine revelation that strengthen our hope.

Like Abraham in the First Reading, who set out in faith on God's call without knowing the destination, we too are invited to trust in God's plan, even when it challenges us.

Saint Paul's words to Timothy echo here: God has saved us and called us to a life of holiness, not through our own strength, but through His grace. The Transfiguration assures us that, in listening to Christ and following Him, our trials are transformed and our path illuminated by His light. When we encounter His light, whether in prayer, Scripture, or silence, we are invited not to remain in comfort but to be transformed, carrying His radiance into the world.

March 1

## Second Sunday of Lent

Lent is a season of movement, from comfort to sacrifice, from distraction to prayer, from self-reliance to trust in God. As we continue this sacred journey, the Church gently reminds us that conversion is not merely about giving something up, but about being drawn more deeply into communion with the Lord.

In these forty days, we are invited to listen more attentively, pray more intentionally, and allow the Lord to reshape our hearts. May this week be a step forward, not just in discipline, but in faith, hope, and love.

If you're looking for ideas to deepen your Lenten journey, see the back page.

## Pope Leo's Prayer intention For March

For disarmament and peace  
Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.



# Mass Intentions

Saturday	5:00 p.m.	<ul style="list-style-type: none"> <li>• † Kevin McWinnie, by Mary-Noella Mac Innis &amp; Pateman.</li> <li>• For blessings received, by Sid Smith.</li> </ul>
Sunday	9:00 a.m.	<ul style="list-style-type: none"> <li>• † Sharon Vassallo, by Terry and Joan McMahon.</li> <li>• † Baptist Mathaias, by Shreyan Noronha.</li> <li>• † Rossana Bucciarelli, by Carolyn Montcalm.</li> </ul>
Sunday	11:00 a.m.	• People of the Parish
Tuesday	9:00 a.m.	• † All Souls Intentions
Wednesday	9:00 a.m.	• † Aloysius Bragazana, by Crecentia Monteiro.
Thursday	9:00 a.m.	• † All Souls Intentions
Friday	9:00 a.m.	• † Jack Coogan, by the family.
Friday	7:00 p.m.	• † Stations of the Cross Mass †



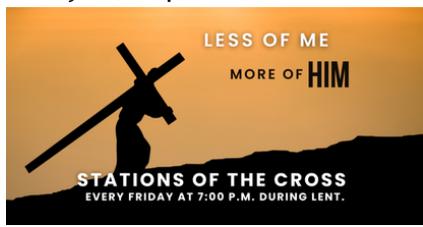
Listen to Christ and walk faithfully toward His light.



Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment

# News & Events

## Stations of the Cross Mass Fridays @ 7 p.m.



Join Fridays throughout Lent for the Stations of the Cross Mass, a time of prayerful reflection on Christ's journey to Calvary. This solemn devotion invites us to walk spiritually with Jesus, deepening our understanding of His sacrifice and love. Each week, volunteers from the Knights of Columbus, Catholic Women's League, and the Legion of Mary will lead us through the Stations.

## Lenten Breakfast and Retreat Saturday, Mar. 14, 9 a.m.



Join us for a Lenten Breakfast and Retreat hosted by the Knights of Columbus. The morning will begin with Mass at 9:00 a.m., followed by a continental breakfast and time for fellowship. Fr. Paul will then offer a special spiritual reflection and presentation titled "The Heavens Proclaim the Glory of God." We hope you can join us.



## St. Patrick's Day Tea Sunday, Mar. 15, after Masses



Come join the CWL and your fellow parishioners as we celebrate the Feast of St. Patrick, our patron saint's day! Refreshments and sweets will be served in the Parish Hall after both Masses on Sunday, March 15. Donations of sweets are welcome and may be dropped off before Mass on March 15. Don't forget to wear your shamrocks!



# News & Announcements

## Knights of Columbus Maple Syrup Fundraiser

It won't be long before winter relaxes its cold grip and the maple tree sap will begin to flow, once again providing the Knights of Columbus with an opportunity to offer Parishioners a great Canadian staple. Please consider ordering maple syrup for your table or as gifts to family and friends. The maple syrup is offered in cans of 540 ml, eight (8) cans is one gallon. A gallon costs \$75, and half a gallon costs \$40. Please note that we are not selling individual cans. All proceeds support charities and the Parish. The deadline to order is March 15th. Those who do purchase syrup will be able to pick up their orders in the Church parking lot at a pre-arranged date/time. To place an order, please contact Pierre Boucher at [bouchercol67@gmail.com](mailto:bouchercol67@gmail.com)



## Support the Shamrock Campaign

This St. Patrick's Day, show your support for St. Patrick's Home Ottawa by taking part in our annual Shamrock Campaign.

When you purchase a shamrock, you help enhance the quality of life for seniors living at St. Patrick's Home. Funds raised support resident programs, therapeutic activities, spiritual care, equipment, and special moments that bring comfort, dignity, and joy to those who call the Home their community.

Your shamrock is a symbol of care, compassion, and solidarity with our seniors.

Buy a shamrock. Celebrate Irish spirit. Make a meaningful difference. 

## Shades of Ireland

Fr. Bill Penney and Our Lady of Visitation Parish are organizing an exciting 10-day trip to Ireland next October. The itinerary includes a rich journey through history, featuring a pilgrimage to St. Patrick's Cathedral. This promises to be a memorable, once-in-a-lifetime experience. If you're interested, flyers are available at the front of the church.

March 2

## Bl. Charles the Good, Martyr (RM)

A ruler whose holiness was expressed not in a monastery, but in the responsibilities of public office. As Count of Flanders, Charles governed during a time of famine and unrest. Rather than protecting privilege or political advantage, he devoted himself to the care of the poor. He reduced taxes, opened storehouses, and confronted those who hoarded grain to drive up prices.

His justice was not abstract, it was costly. In defending the hungry and restraining corruption, he made powerful enemies. On March 2, 1127, while kneeling at prayer in the Church of St. Donatian in Bruges, he was murdered by conspirators whose interests he had challenged. He died as he lived: seeking God and defending the vulnerable. Bl. Charles invites us to examine how we use the influence entrusted to us.

## Join Us for a Pilgrimage Walk!



Begin your journey with the 9 a.m. Mass at St. Patrick, Fallowfield, then walk in pilgrimage to St. Patrick's Basilica. This 28 km journey, taken by many faithful over the years, will take approximately 8 hours and conclude with a potluck reception in the Basilica's Scavi. For more details scan the QR code or visit, <https://tinyurl.com/m7uvhura>.

## Upcoming Events



Confirmation Enrollment Masses  
February 28 & March 1st



Penitential Service  
Thu., March 26, 7:00 p.m.



Palm Sunday  
Sun., March 29

## Collection Totals for January

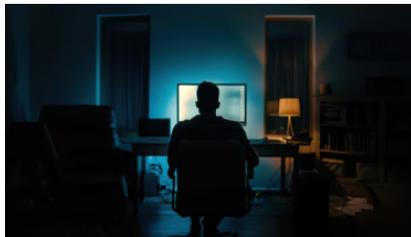


Thank you for your generosity!

Offerings	\$32,374.83
Restoration	\$2652.50
Sacred Art	\$345.00
Maintenance	\$1,605.50
Other	\$7,074.50

## Lenten Reflection

### Reclaiming Christian Otium: Lent and the Recovery of Holy Leisure



 On the First Sunday of Lent, Pope Leo XIV encouraged Catholics to turn off our devices for a time and create space for silence.

That may sound simple, but it points to something much deeper.

We live in an age that knows how to relax, but not how to rest. Our free

time is often filled with noise, scrolling, streaming, and constant input. We call it leisure, but it rarely leaves us restored.

The Christian tradition makes an important distinction.

There is otium, holy leisure that gathers the soul, restores attention, and prepares the heart for God.

And there is acedia, a restless avoidance of silence that hides behind distraction.

Otium enables love.

Acedia resists it.

Lent has always been about fasting.

But perhaps one of the most important fasts today is fasting from

noise.

What would happen if we practiced fifteen minutes a day of real silence, no screens, no multitasking, no agenda... just receptivity?

Scan the QR code on the left side of the page or visit our website to read a full Lenten reflection on otium and discover practical ways to begin.

### Follow Us on Social Media

Stay engaged with our vibrant community!



## Parish Contacts

Pastor:  
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Communication Specialist:  
David Piccolo  
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### Parish Life

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women's League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children's Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

### Get Involved



- DEI GRATIA -

St. Patrick Parish, 15 Steeple Hill Cres.

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613-591-1135

www.stpatricksfallowfield.com

Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

