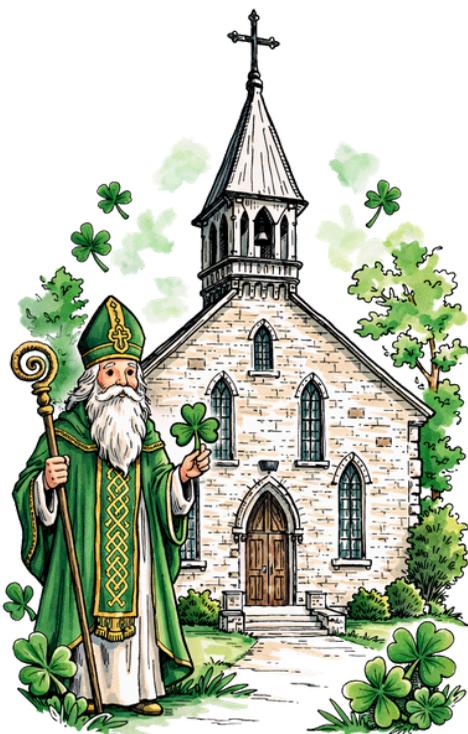


ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community committed to building up one another in Christ. We are nourished by the sacraments, and our shared service to one another and the wider community.



First Reading

1 Samuel 16.1, 6-7, 10-13

Second Reading

Ephesians 5.8-14

Gospel

John 9.1-41

Psalms 23

THE LORD IS MY
SHEPHERD; I SHALL
NOT WANT.

Second Scrutiny of the Elect

This weekend we celebrate the Second Scrutiny for those preparing to receive the Sacraments of Initiation at Easter. In today's Gospel, Jesus heals the man born blind, a powerful image of the grace of Baptism, which leads us from darkness into the light of Christ. Through these prayers, the Church asks God to strengthen the Elect as they continue their journey of conversion. Please keep them in your prayers as they prepare to receive new life in Christ at Easter.

Parish Maintenance & Repair Team – Skilled Volunteers Needed

We are forming a parish maintenance and repair team. If you have skills in the trades (carpentry, electrical, plumbing, etc.) and are willing to help with minor repairs, we would love to hear from you. For more information or to volunteer, please contact the parish office or visit our website.



Laetare Sunday Reflection

This Fourth Sunday of Lent, traditionally called Laetare Sunday, invites us to rejoice because the light of Christ is already breaking into the darkness. The readings reveal a central truth: human beings often see poorly, but God sees clearly.

In the first reading, Samuel assumes that the strongest and most impressive sons of Jesse must be the Lord's chosen. Yet God reminds him, "Man looks on the outward appearance, but the Lord looks on the heart." God chooses David, the unlikely shepherd.

Psalm 23 reminds us that when we allow the Lord to shepherd us, we need not fear even the

darkest valley. God leads us toward life.

St. Paul deepens this message in Ephesians: "Once you were darkness, but now in the Lord you are light." The Christian life is a movement from blindness to illumination.

In the Gospel, Jesus heals the man born blind. As the story unfolds, the man gradually comes to see who Jesus truly is, while those who claim to see—the Pharisees—remain spiritually blind.

Christ is the light of the world. When we humble ourselves before Him, He opens our eyes and leads us into the light of truth. May we ask the Lord this week to help us see our lives more clearly through His light.

Mass Intentions

Saturday	5:00 p.m.	<ul style="list-style-type: none"> † Nora Burnett, by Lorne Burnett and family. † Janet Wright, by Shirley and Roger Provost. † Sid Smith, by Ron and Linda Gervais.
Sunday	9:00 a.m.	<ul style="list-style-type: none"> People of the Parish † Lisa Dineen, by Matt and the children. † David Elliott, by Lauren Elliott.
Sunday	11:00 a.m.	<ul style="list-style-type: none"> † Christine Werhey, by William, Jillian and Stephanie. † Connie Brady, by Maureen Speer. † Rita Nother, by Ann and Alan Gordon.
Tuesday	9:00 a.m.	<ul style="list-style-type: none"> † All Souls Intention
Wednesday	9:00 a.m.	<ul style="list-style-type: none"> † Mary Emery, by the Legion of Mary.
Thursday	9:00 a.m.	<ul style="list-style-type: none"> † All Souls Intention
Friday	9:00 a.m.	<ul style="list-style-type: none"> Molly Elisabeth Gordon (Birthday Blessings), by Anne and Alan Gordon.
Friday	7:00 p.m.	<ul style="list-style-type: none"> † Stations of the Cross Mass †

Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment



Let Christ open
your eyes and walk
in His light.



News & Events

Stations of the Cross Mass Fridays @ 7 p.m.



Join Fridays throughout Lent for the Stations of the Cross Mass, a time of prayerful reflection on Christ's journey to Calvary. This solemn devotion invites us to walk spiritually with Jesus, deepening our understanding of His sacrifice and love. Each week, volunteers from the Knights of Columbus, Catholic Women's League, and the Legion of Mary will lead us through the Stations.

St. Patrick's Day Pilgrimage Tuesday, Mar. 17, 9 a.m.



Begin your journey with the 9 a.m. Mass at St. Patrick, Fallowfield, then walk in pilgrimage to St. Patrick's Basilica. This 28 km journey, taken by many faithful over the years, will take approximately 8 hours and conclude with a potluck reception in the Basilica's Scavi. Join for the full journey or just a part of it. For more details scan the QR code or visit, <https://tinyurl.com/m7uvhura>. 

Rosary for Peace – The Annunciation of Mary Wednesday, Mar. 25, 9:30 a.m.



On the Solemnity of the Annunciation of the Virgin Mary, the Legion of Mary will lead a Rosary for Peace on Earth following the morning Mass. The Rosary will be prayed outside at the Grotto of Our Lady of the Fields, or inside the church if the weather is poor. This gathering will replace the usual morning Rosary devotion that normally takes place before Mass.

News & Events

Lenten Penitential Service

Thursday, March 26, 7 p.m.



 A Time for Reconciliation. Join us for our Lenten Penitential Service, a special opportunity to prepare your heart for Easter through prayer and reconciliation. The service will begin with the Liturgy of the Word, followed by individual Confessions. All are welcome to experience God's mercy and grace in this sacred time of renewal.

The Passing of Fr. Paul's Mother

Please keep Fr. Paul Shepherd and his family in your prayers following the passing of his mother, Rosemary Shepherd, who died Tuesday evening at the age of 87 (1938–2026). Her funeral will take place on Saturday, March 21.

Knight's MAPLE SYRUP Available for PICKUP

If you ordered maple syrup, you'll be pleased to know it has arrived in Ottawa from Quebec and is now ready for pickup. It will be available after Sunday Masses.

Children's Liturgy – No Session This Weekend

Children's Liturgy will not be held this weekend due to March Break. It will return next weekend, March 22.

Good Friday Fish Fry

Friday, Apr. 3, 4:00-5:30 p.m.



 Make your Good Friday meal simple and delicious with a classic Fish Fry hosted by the Knights of Columbus! This take-out only event offers a hearty, homemade meal—perfect for observing this solemn day with family. Mark your calendars and stay tuned, tickets go on sale starting next weekend after Mass.

Support the Shamrock Campaign

This St. Patrick's Day, support seniors at St. Patrick's Home Ottawa by purchasing a shamrock. Proceeds help fund resident programs, care, and activities that enhance their quality of life. Shamrocks are available at the front of the church.



Goal Achieved: Thank You for Supporting Sacred Art

We did it! Thanks to your generosity, we have reached our goal. Donations up to \$170k for the Sacred Art added during last year's church restoration were exempt from diocesan tax, and we are pleased to announce that this goal has now been met and the campaign is complete.

March 17

St. Patrick, Our Patron

The great missionary bishop who brought the Gospel to Ireland. Born in Britain in the 5th century, Patrick was kidnapped as a teenager and taken to Ireland as a slave. During those difficult years he turned to God in prayer and his faith deepened. After escaping and eventually becoming a priest and bishop, he returned to the very land of his captivity, this time as a missionary to proclaim Christ.

Through his preaching, teaching, and tireless ministry, many people came to embrace the Christian faith. Tradition also recalls his use of the shamrock to explain the mystery of the Holy Trinity, one God in three Persons: Father, Son, and Holy Spirit.

As St. Patrick Parish, we give thanks for the witness of our patron saint. His courage, humility, and missionary zeal remind us that every Christian is called to share the Gospel. May St. Patrick intercede for our parish and inspire us to live our faith boldly and faithfully each day.

Upcoming...



First Holy Eucharist Preparation Retreat
Sat., March 28, 9 a.m.



Palm Sunday Masses
March 28/29 weekend



Holy Thursday Mass
Sun., April 2, 7 p.m.



Good Friday Mass
Fri., April 3, 3 p.m.



Easter Vigil
Sat. April 4, 8 p.m.



Easter Sunday
Sun. April 5

News & Events

Bereavement Ministry Support Group

The Bereavement Ministry offers a welcoming space that enables people to share their grief story in a safe and confidential manner while providing the tools and resources necessary to successfully manage grief. If you wish to journey with us, our next Bereavement support group will commence at Holy Redeemer Parish on Tuesday, March 31, 2026 @ 2:30 pm. There are a couple spots still available; registration is required as space is limited. For further information please contact us at: hrbereavement@gmail.com

Become a Deacon: Permanent Diaconate Information Session

Have you ever felt called to serve the Church in a deeper way? The Permanent Diaconate is a ministry of service through which men assist the bishop and priests in proclaiming the Gospel, serving those in need, and supporting the life of the Church. The Archdiocese of Ottawa–Cornwall invites men who may be discerning this call to attend an information session about the formation program for the Permanent Diaconate on Monday, March 16, from 7:00–9:00 p.m. at the Diocesan Centre, 1209 Michael St. North, Ottawa. For more

information see the parish website, or contact Deacon Charles (Chuck) Fink at CharlesFink@ottawacornwall.ca or 613-880-7723.

An Irish Blessing

May those who love us, love us
And those who don't love us,
May God turn their hearts
And if he can't turn their hearts,
May he turn their ankles
So we will know them by their limping!



Parish Contacts

Pastor:
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Bookkeeper:
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Communication Specialist:
David Piccolo
communications@stpatricksfallowfield.com

Parish Life

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women's League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children's Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

Get Involved



St. Patrick Parish, 15 Steeple Hill Cres.
Nepean, ON K2R 1G2
613-591-1135

www.stpatricksfallowfield.com

Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

