

# ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community, growing together in Christ for 160 years. Nourished by the sacraments, we serve with joy—within our parish and beyond.



## First Reading

Isaiah 50.4-7

## Second Reading

Philippians 2.6-11

## Gospel

Matthew 26.14–27.66

Psalms 22

MY GOD, MY GOD,  
WHY HAVE YOU  
ABANDONED ME?

## 160 Years Young — A Year of Gratitude and Celebration

This year, our parish enters a remarkable milestone: the 160th anniversary of our founding. While the official anniversary date falls on October 21, we begin our celebration now, marking not just a moment in time, but a living story that continues to unfold in our midst.

There is much for which we give thanks.

In recent years, we have witnessed the restoration of our church, the beauty of sacred art adorning its ceiling, and the quiet devotion inspired by the Grotto of Our Lady of the Fields. These are not simply projects completed, they are visible signs of a parish that is not only alive, but flourishing. At 160 years, ours is not a community looking back with nostalgia, but one moving forward with vitality. We are, in every sense, 160 years young.

Yet, the true strength of our parish has never been found in brick or stone, but in its people.

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## Gospel Reflection

Palm Sunday confronts us with a striking death.

paradox: the same crowd that welcomes Christ with palms soon cries out for His crucifixion. In Gospel of Matthew, Jesus enters Jerusalem not in earthly triumph, but in humility, fully aware that His kingship will be revealed through suffering. The Passion narrative shows us that Christ is not overtaken by events. He freely embraces them.

The words of Book of Isaiah are fulfilled in Him: "I have set my face like flint." This is not resignation, but resolute love. And in Epistle to the Philippians, we see the deeper truth: though He was in the form of God, He emptied Himself, taking the form of a servant, obedient unto

Palm Sunday invites us to examine our own discipleship. Are we faithful only in moments of consolation, or do we remain with Christ in His Passion? True faith is not merely enthusiasm in times of joy, but steadfastness in trial. As we enter Holy Week, we are called not only to witness Christ's suffering, but to follow Him through it, trusting that the Cross leads to glory. In this sacred week, the Church draws us more deeply into these mysteries, asking us not to stand at a distance, but to walk closely with the Lord. If we remain with Him in His suffering, we will also share in the victory of His Resurrection.

# Mass Intentions

Saturday	5:00 p.m.	<ul style="list-style-type: none"> <li>• People of the Parish</li> </ul>
Sunday	9:00 a.m.	<ul style="list-style-type: none"> <li>• † Rita Nother, by Linda Gervais.</li> <li>• † Sid Smith, by Amanda, Melanie, Jake and Violet.</li> <li>• † Rosemary Shepherd, by Gabriella Martino.</li> <li>• † Perfecto, Sabino, Jerry, Amado, and Luisa, by Alfa Canay.</li> <li>• † Boy Angel Carlito, Carmen, Armando and the Canay family, by Alfa Canay.</li> </ul>
Sunday	11:00 a.m.	<ul style="list-style-type: none"> <li>• † Henri Boucher, by family.</li> <li>• † Oswald and Kay Muldoon, by Msgr Joseph Muldoon.</li> <li>• † Edward and Ellen Monaghan, by Msgr Joseph Muldoon.</li> <li>• † Herbert and Gertie Monaghan, by Msgr Joseph Muldoon.</li> <li>• † Spence McCarthy by Teresa and Kevin McCarthy</li> </ul>
Tuesday	9:00 a.m.	<ul style="list-style-type: none"> <li>• Patrick Alan Graham (Birthday Blessings), by Anne &amp; Alan Gordon.</li> </ul>
Wednesday	9:00 a.m.	<ul style="list-style-type: none"> <li>• † All Souls Intention</li> </ul>
Thursday	7:00 p.m.	<ul style="list-style-type: none"> <li>• † Helen and Martin Conway, by Pat Conway.</li> </ul>
Friday	3:00 p.m.	<ul style="list-style-type: none"> <li>• No intentions for this Mass</li> </ul>
Friday	7:00 p.m.	<ul style="list-style-type: none"> <li>• † Stations of the Cross Mass †</li> </ul>
Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment		



This Holy Week, walk with Christ from joyful palms to Calvary.

## News & Events

Good Friday Fish Fry  
Friday, Apr. 3, 4:00-5:30 p.m.



Make your Good Friday meal simple and delicious with a the Knights' Fish Fry

This take-out-only event offers a hearty, homemade meal—perfect for observing this solemn day with family. Each meal includes crispy battered fish, homemade French fries, and more. Meals are \$25 each, or \$30 with two piece of fish. Ticket purchase deadline is Tuesday, March 31.

Stations of the Cross Mass  
Good Friday, Apr. 3, 7 p.m.



Join us next Friday for the final Stations of the Cross of the season, a time of prayerful reflection on Christ's journey to Calvary. This solemn devotion invites us to walk spiritually with Jesus, deepening our understanding of His sacrifice and love. Father Paul will lead us through the Stations; if you have not yet experienced this devotion, this is an opportunity to take part.

## News & Announcements

### On Two Wings: Faith & Reason Circle



A new parish study group exploring the great works of theology, philosophy, and literature to form the Catholic mind.

Beginning Thursday evenings in late April, we will read and discuss Mere Christianity by C.S. Lewis.

Open to adults (18+), including young adults. No prior background required. Scan the QR code to learn more and register.



### Diocesan Wedding Anniversary Mass 2026:



Diocesan Wedding Anniversary Mass 2026: For those celebrating 60 (or more), 50, 40, 30, 25, 20, 15, 10 & 5 years of marriage in 2026! At Notre Dame Cathedral on Sunday, May 3, 2:30 pm. The registration form is now available at online. Scan the QR code or visit see our website for more details. Please register before April 16 to ensure your place!

### Pastoral Reference Letters



Before requesting a Pastoral Reference from the parish office, please visit our website for important information and requirements.

### Parish Maintenance & Repair Team – Skilled Volunteers Needed

We are forming a parish maintenance and repair team. If you have skills in the trades (electrical, plumbing, etc.) and are willing to help with minor repairs, we would love to hear from you. For more information or to volunteer, please contact the parish office or visit our website.

### Coffee Sundays: Break for Holy Week + Volunteers

There will be no Coffee Sundays after Sunday Masses on March 29 (Palm Sunday), and April 5 (Easter Sunday). They will resume on April 12.

We are also looking for people to volunteer to host Coffee Sundays, we welcome parish families, teams of friends, or parish groups to host an event. If you're interested, please send an email to [communications@stpatricksfallowfield.com](mailto:communications@stpatricksfallowfield.com). Coffee, supplies, training, and support are provided—you just bring your hospitality and personal touch.

### Holy Week Signup Sheets

Holy Week sign-up sheets are now available for Ushers, Eucharistic Ministers, and other liturgical ministries. We are grateful for the dedication of all who serve.

If you are interested in volunteering for any role (usher, lector, altar server, etc), please see our website for more information. This is a great way for students to get volunteer hours.

April 2

### Holy Thursday: Remain With Him

After the Mass of the Lord's Supper, the Church invites us to do something simple, yet deeply difficult: to remain with Christ. In the Garden of Gethsemane, He asked His disciples, "Could you not watch with me one hour?" This question is now addressed to each of us.

At our parish, the Adoration of the Altar of Repose is a particularly beautiful opportunity to respond. Following Mass, we process together outside and into the hall, transformed into a quiet, candlelit space recalling Gethsemane. The Eucharist is reserved there, and all are welcome to remain in silence until 10 p.m. when the vigil ends.

Come, even briefly. Sit, pray, or simply be still with the Lord.

## Holy Week Schedule

HOLY THURSDAY



Mass of the Lord's Supper

Thu., April 2, 7 p.m.



The Adoration of the Altar of Repose

Thu., April 2, 8-10 p.m.

GOOD FRIDAY



Commemoration of the Lord's Passion

Fri., April 3, 3 p.m.

HOLY SATURDAY



Easter Vigil

Sat. April 4, 8 p.m.

EASTER SUNDAY



The Resurrection of Our Lord and Savior Jesus Christ

Sun. April 5, 9 & 11 a.m.

# 160 Years Young — A Year of Gratitude and Celebration

(Continued from front cover)

It is found in you, those who gather here in faith, who worship within these walls, and who build up the Body of Christ through acts of service and charity. From the faithful work of the Knights of Columbus and the Catholic Women's League, to the compassionate outreach of our Pastoral Care Team, to the tireless and often unseen work of our Liturgy Team who help make our worship prayerful and beautiful, to the choirs and music ministry whose voices lift our hearts in praise, this parish is what it is because of you.

This anniversary belongs to you.

This is your celebration.

This is your home.

Together, you have built it, through faith, sacrifice, and love.

Throughout this anniversary year, we will be announcing special events, programs, and a few surprises as we prepare for our solemn celebration in October. The weekend of October 17–18 will be filled with special events and celebrations marking this milestone, with more details to follow in the months ahead. At the same time, we will mark this year not only in celebration, but in mission through acts of charity, the strengthening of existing ministries, and the introduction of new initiatives to serve our community. As we give thanks for 160 years, we remain mindful that our purpose is not only to celebrate what

has been, but to continue the work we are called to do.

Stay tuned. Stay close. There is much more to come.

And above all, let us continue—together—to build a parish that will stand strong for generations yet to come.

## Stay Engaged

Follow us on social media and stay engaged with our vibrant community.



## Parish Contacts

**Pastor:**  
Fr. Paul Shepherd  
pastor@stpatricksfallowfield.com

**Deacon:**  
Mark Masson  
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**Parish Manager:**  
Kati Holica  
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**Sacrament Administration:**  
Anita MacNeil  
admin@stpatricksfallowfield.com

**Bookkeeper:**  
Vlado Sigel  
finance@stpatricksfallowfield.com

**Communication Specialist:**  
David Piccolo  
communications@stpatricksfallowfield.com

## Parish Life

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge at 9:30 a.m.
- The Catholic Women's League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children's Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

## Get Involved



St. Patrick Parish, 15 Steeple Hill Cres.

Nepean, ON K2R 1G2

613-591-1135

www.stpatricksfallowfield.com

Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

