

ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community, growing together in Christ for 160 years. Nourished by the sacraments, we serve with joy—within our parish and beyond.



First Reading

Acts 6.1-7

Second Reading

1 Peter 2.4-9

Gospel

John 14.1-12

Psalms 33

LET YOUR LOVE BE
UPON US, LORD, EVEN
AS WE HOPE IN YOU.

Pope Leo XIV's Prayer Intention for May

“That everyone might have food.”

For this month of May, Pope Leo XIV draws our attention to a reality that is both urgent and deeply human: hunger.

The Holy Father reminds us that while millions of our brothers and sisters suffer from a lack of food, much of what we have is wasted. This contrast is not merely economic, it is moral. It reveals a disorder in how we receive and share the gifts God has entrusted to us.

This intention is not only about awareness, but conversion. We are called to move away from what the Pope describes as a “logic of selfish consumption” toward a true culture of solidarity. That means seeing food not simply as a commodity, but as a gift meant to be shared, an echo of the Eucharist itself.

The Church’s response must be both spiritual and practical. Prayer opens the heart, but it must lead to action: reducing waste, supporting those in need, and cultivating gratitude for what we receive.

Liturgical Reflection

This Sunday’s readings draw us into the living structure of the Church, built not merely of institutions, but of souls conformed to Christ.

In Acts, we see the early Church facing tension and division, yet responding with discernment. The Apostles establish the diaconate, ensuring that both the proclamation of the Word and the care of the poor are upheld. Already, the Church reveals herself as ordered toward communion, truth and charity held together.

St. Peter deepens this vision: Christ is the living stone, rejected by men but chosen by God. And we, by baptism, are built into Him. This is no passive belonging. We are “a chosen people, a

royal priesthood,” called to offer spiritual sacrifices—our lives, our sufferings, our fidelity.

In the Gospel, Christ speaks words that cut through anxiety: “Do not let your hearts be troubled.” He does not promise ease, but He promises Himself. “I am the way, and the truth, and the life.” Not a path among many, but the path—personal, absolute, and living.

Taken together, these readings call us to confidence. The Church is not an accident of history, nor a mere human construct. She is built on Christ, sustained by truth, and entrusted to us. And if we remain in Him, even our ordinary lives become part of something eternal.

Mass Intentions

Saturday	5:00 p.m.	<ul style="list-style-type: none"> † Sid Smith, by Marie Arnold. † Rosemary Shepherd, by Debbie and Pierre Lanouette. † Jackie Goyette, by Linda Gervais. † Elizabeth Gail Davis, by the Davis and Ferrier families. 70th Wedding Anniversary of Shirley and Roger Provost, by Shirley and Roger Provost.
Sunday	9:00 a.m.	<ul style="list-style-type: none"> † Karen Moore, by Nancy Nagy. † Ken Grundy, by Adam Bourassa. † All Souls Intentions 60th Wedding Anniversary of Mercy and Saturnus, by Dawn, Kiran and family.
Sunday	11:00 a.m.	<ul style="list-style-type: none"> People of the Parish
Tuesday	9:00 a.m.	<ul style="list-style-type: none"> † Sid Smith, by Amanda, Melanie, Jake, and Violet.
Wednesday	9:00 a.m.	<ul style="list-style-type: none"> Unannounced Intention
Thursday	9:00 a.m.	<ul style="list-style-type: none"> † Shannon Elizabeth Everett, by Charles Everett.
Friday	9:00 a.m.	<ul style="list-style-type: none"> Unannounced Intention

Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment



One Way—stop
exploring, start
committing.

JOB OPPORTUNITY: Custodian Position Available

St. Patrick Church is currently seeking a reliable and detail-oriented Custodian. This position is responsible for the cleaning, maintenance, security, and overall care of the church, offices, and hall. Applicants must demonstrate professionalism and respectful awareness of the religious and cultural environment of the parish. A valid security background check is required.

- Start Date: June 1
- Wage: \$21.00 per hour
- Hours: Minimum of 24 hours per week
- Interviews: May 27 or May 28

Interested applicants are invited to submit their résumé to: office@stpatricksfallowfield.com

News & Events

160th Anniversary Community Breakfast This Sunday after all Masses



Join us for our first 160th Anniversary Community Breakfast hosted by the

Knights of Columbus! While there's no cost, we are gratefully accepting free-will donations from those who wish to support parish activities. Enjoy a hearty breakfast with a few new additions this year as we gather and celebrate in a spirit of fellowship. All are welcome—we can't wait to see you there!

Fallowfield Community Garage Sale

Saturday, May 9, 8 a.m.-2 p.m.



The Fallowfield Community Association invites you to a neighbourhood-wide Garage Sale throughout Fallowfield Village. Browse a wide variety of items. A portion of the proceeds will be donated to a local food bank, making this a great opportunity to support the community while finding some treasures. Scan the QR code for a Google Maps link which guides you to over 25 participating homes throughout the neighbourhood.




News & Announcements

Roses for life

Roses will be on sale this weekend as part of the Knights of Columbus "Roses for Life" program, available after Mass and at the Community Breakfast. This meaningful initiative supports pro-life causes locally and worldwide, with funds going to the Miriam Centre in Orleans and Birthright in Bell's Corners, both of which assist mothers in need. Local donations are also matched through the Knights of Columbus Aid and Support After Pregnancy initiative.

Encounter School of Ministry: Summer Intensive

Worship - Teach - Equip - Activate

 Summer Intensive provides a survey of the content offered in the

first four quarters of the Encounter School of Ministry. Our introductory

Stay Engaged

Scan the QR code to stay connected with parish life—follow us on social media for updates and moments from our community, and subscribe to our mailing list so you never miss important news. If you share photos from parish events, we'd be glad to see them—please tag us.



experience (hosted this year at Our Lady of Fatima Parish), is ideal for those who are discerning their enrollment in the full Encounter School of Ministry (hosted at St. Mary's Parish), and would like to experience our content and culture beforehand.

The content covered includes:

- Identity & Transformation
- Hearing God & the Prophetic Gifts
- Power & Healing
- Inner Healing & Freedom

Details:

- July 23-25, 2026
- Registration: \$60
- Meals included!
- Our Lady of Fatima Parish

Support our Parish: Shop at Bridlewood Home Hardware



Did you know that your purchases at Bridlewood Home Hardware (Michael Cowpland at Eagleson) can benefit St. Patrick Parish? Simply mention you're from St. Patrick Parish at checkout, and a percentage of the pretax sales will be donated back to the church. Thank you for supporting this initiative!



Pentecost Sunday
May 24

May 8

The Apparition of St. Michael at Monte Gargano

On May 8, the Church commemorates the apparition of Michael the Archangel at Monte Gargano in southern Italy, one of the earliest and most enduring sites of devotion to the Prince of the Heavenly Host. According to tradition, in the late 5th century, St. Michael appeared to a local bishop, calling the place to be set apart for God and consecrated to His glory. What followed was not merely a local devotion, but the beginning of a sanctuary that would draw pilgrims from across Christendom for centuries.

This apparition reminds us that the spiritual battle is real. St. Michael is not a symbol or a relic of past imagination, he is a defender of God's people, a guardian against the forces of evil, and a sign that heaven is actively engaged in the life of the Church. At a time when the reality of spiritual warfare is often forgotten or dismissed, the witness of Monte Gargano stands firm: God does not leave His people unprotected.

As we honor St. Michael, we are invited to renew our awareness of the unseen struggle and to place ourselves more deliberately under God's protection, trusting in His strength rather than our own.

Prayer to St. Michael the Archangel
St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.



The Month of Mary

A Marian Way to Begin the Day

The month of May has long been dedicated to the Blessed Virgin Mary—a time when the Church turns with particular devotion to the one who perfectly received Christ and bore Him into the world. In honoring Mary, we do not turn away from Christ, but toward Him more fully, for she always leads us to her Son.

Here in our parish, this devotion takes visible form. The Legion of Mary will light a special candle before her statue, a quiet but powerful sign of our love, our petitions, and our trust in her maternal intercession. It is a reminder that Mary is not distant—she is

present, attentive, and drawing us closer to Christ.

This May, we strongly encourage you to take up A Marian Way to Start Your Day (Tuesday–Friday):

8:00 a.m. — Reflection at the Grotto

8:30 a.m. — Rosary Devotion

9:00 a.m. — Holy Mass

The sun now rises just before 6:00 a.m.

The day is already being given to you, why not consecrate its beginning?

If your schedule does not permit attendance at 8:30 a.m., consider a simple alternative: an early morning rosary walk to the grotto on your way to work. Even a brief stop—to reflect,

to pray, to entrust your day—can transform everything that follows. Many have already discovered the quiet truth of this: when the day begins with Mary, it begins with Christ. And from that beginning flows a deep peace, a steady strength, and a renewed clarity for whatever lies ahead.



Parish Contacts

Pastor:

Fr. Paul Shepherd

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Deacon:

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Parish Manager:

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Communication Specialist:

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Parish Life

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women's League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children's Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

Get Involved



St. Patrick Parish, 15 Steeple Hill Cres.

Nepean, ON K2R 1G2

613-591-1135

www.stpatricksfallowfield.com

Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.



Jesus