

ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community, growing together in Christ for 160 years. Nourished by the sacraments, we serve with joy—within our parish and beyond.



First Reading

Acts 2.1–11

Second Reading

1 Corinthians 12.3b–7, 12–13

Gospel

John 20.19–23

Psalm 104

LORD, SEND FORTH YOUR
SPIRIT, AND RENEW THE
FACE OF THE EARTH.

A Quiet Return to Ordinary Time

After the close of the Easter season, the Church returns this week to Ordinary Time — not as a step backward, but as the place where the grace of Easter is meant to take root in daily life.

On Monday, the Church celebrates the Memorial of the Blessed Virgin Mary, Mother of the Church, a fitting reminder that Mary remains close to the Church as a mother, interceding for us and teaching us how to receive Christ with faith. On Tuesday, we celebrate Saint Philip Neri, a priest remembered for his warmth, humour, humility, and joyful holiness.

As we move into the weeks ahead, Ordinary Time invites us to notice where God is working in ordinary places: in family life, parish life, quiet prayer, summer preparations, and the small acts of charity that build up the Body of Christ. The colour green returns to the liturgy as a sign of growth. May this season help us grow steadily in faith, not only in great moments, but in the everyday work of discipleship.

Gospel Reflection

The disciples are gathered behind locked doors. They have heard the news of the resurrection, but fear still has a hold on them. Jesus does not wait until they are brave enough to come out. He comes to them where they are, stands among them, and says, “Peace be with you.”

This is one of the quiet mercies of the Gospel. The risen Lord does not begin with accusation. He begins with peace. Then he shows them his hands and his side. The peace he gives is not vague reassurance; it comes through the wounds of the Cross and the victory of the Resurrection. Then Jesus sends them: “As the Father has sent me, so I send you.” The Holy Spirit is given for

mission, forgiveness, and reconciliation. The Church is not meant to remain behind the locked doors of fear, discouragement, division, or habit. Christ’s peace is not meant to be stored away privately; it is meant to move through his disciples into the world.

Pentecost asks us to let Christ breathe his Spirit into the places that have grown closed. The Holy Spirit does not erase the wounds of life, but he makes them places where Christ’s peace can enter and where mercy can be shared. The same Spirit who strengthened the first disciples is given to the Church today, renewing ordinary people for the work of witness, service, and forgiveness.

Mass Intentions

Saturday	5:00 p.m.	<ul style="list-style-type: none"> † Rosemary Shepherd, by Linda Gervais. † Jackie Goyette, by Linda Gervias. CWL members (Intentions of), by the CWL. For the 50th Wedding Anniversary of Sid and Cecilia Smith, by Cecilia Smith and family. † Greg Fougere, by Marie Arnold.
Sunday	9:00 a.m.	<ul style="list-style-type: none"> † Edward Muldoon, by Colleen Muldoon. † Danna Moore, by family. † Elmer O'Connor, by Cindy Noah. † Rita Nother, by Steve, Louise, and family. Most Reverend Terence Prendergast (Get Well/Health), by Legion of Mary.
Sunday	11:00 a.m.	<ul style="list-style-type: none"> People of the Parish
Tuesday	9:00 a.m.	<ul style="list-style-type: none"> † Catherine McKenna, by the Reeve family.
Wednesday	9:00 a.m.	<ul style="list-style-type: none"> † Jacques Galameau, by Lorna Harford.
Thursday	9:00 a.m.	<ul style="list-style-type: none"> † Sonya Zaphiropoulos, by Lucy Gorman.
Friday	9:00 a.m.	<ul style="list-style-type: none"> † All Souls Intention

Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment



Be filled with the Spirit; forgive as you've been forgiven.



News & Events

160th Anniversary Parish Steak BBQ

Wednesday, June 17, 5 p.m.



The Knights of Columbus are pleased to host the 160th Anniversary Parish Steak BBQ. Expect our best BBQ yet, featuring premium AAA Angus Striploin Steak, delicious baked potatoes with all the fixings, and more! A cash bar will be available, including beer, wine, and bottles of wine. Early bird ticket sales begin May 25 at \$30.00, purchase them online and in the parish office.



2026 AGM and Volunteer Appreciation Evening

Tuesday, June 23, 7 p.m.



All parishioners are warmly invited to attend our AGM and Volunteer Appreciation Evening. This important gathering will include updates on parish finances, the 160th Anniversary, new initiatives, and other areas of parish life. There will also be time for questions and feedback. Snacks and refreshments will be available. Join us for an evening of gratitude and reflection.



160th Anniversary Parish Golf Classic

Sunday, August 9, 1 p.m.



Join us on Sunday, August 9, 2026, at 1:00 p.m. at Manderley on the Green for our 160th Anniversary Parish Golf Classic, a fundraising goft tournmanet in support of our parish. The day will include golf, fellowship, prizes, dinner, and a silent auction. Registration and ticket details will be announced soon, so mark your calendars, you will not want to miss this this event.



News & Announcements

Job Opportunity: Custodian Position Available

This is your final chance to apply for the custodian position. We are seeking a reliable and detail-oriented Custodian. This position is responsible for the cleaning, maintenance, security, and overall care of the church, offices, and hall. Applicants must demonstrate professionalism and respectful awareness of the religious and cultural environment of the parish. A valid security background check is required.

- Start Date: June 1
- Wage: \$21.00 per hour
- Hours: Minimum of 24 hours per week
- Interviews: May 27 or May 28

Interested applicants are invited to submit their résumé to: office@stpatricksfallowfield.com

Coffee Sunday, Hosted by Our Community

This week's Coffee Sunday is hosted by Sophia Canisius and her family. We are grateful for their generosity in helping make this Sunday's gathering possible and for supporting the spirit of fellowship that Coffee Sunday is meant to foster.

Thank you as well to all who continue to support Coffee Sundays through weekly donations. To host a future Coffee Sunday, gather a team and contact coffee@stpatricksfallowfield.com.

Help Us Preserve Our Parish History



As part of our 160th Anniversary History Committee Initiative, we invite parishioners and friends of the parish to share memories, stories, and historical facts from the life of our parish. A brief tidbit is just as welcome as a longer story, and you are welcome to submit more than once. Photos and documents are also welcome. Scan the QR code to learn more and submit your story.

Lectors / Commentators Needed for 5 p.m. Masses



The 5 p.m. Sunday Mass team is looking for additional lectors and commentators, especially to help with summer coverage. Parishioners ages 13 and older are invited to volunteer. These ministries help serve the prayer of the parish through the clear proclamation of Scripture and the orderly flow of the liturgy. To express interest, please complete the form on the parish website or contact Diane Peressini at dperessini@icloud.com or 613-218-6090.

Become a Steward of Our Lady's Grotto

This Wednesday, May 27, the Stewards of Our Lady of the Fields Grotto will meet to plan the weekly garden maintenance needed throughout the season. Anyone still

interested in joining this ministry and lending a hand is invited to meet at 7:00 p.m. in front of the grotto.

CWL Bursary Applications



Graduating this year and planning to attend college or university in the fall? The Catholic Women's League is offering two \$1,000 bursaries to student parishioners of St. Patrick Parish, Fallowfield. Applications are due by June 18, 2026.

For more information or to submit your application, visit the parish website.



Ministry SPOTLIGHT



Ushers



Today, we take a moment to thank our team of ushers who are present each week, welcoming and helping parishioners before and during the services. If you are interested in joining the team, please talk to any usher after mass or visit the parish website.



Thank you for saying "yes" to serving our parish!

Do not Forget the Holy Spirit

Many of us are comfortable praying to God the Father or to Jesus the Son—but how often do we pray directly to the Holy Spirit? As Catholics, we profess belief in the Holy Trinity: one God in three Persons—Father, Son, and Holy Spirit. Each Person is fully God, and each is worthy of our worship, devotion, and prayer.

The Holy Spirit is not a distant force or abstract concept. The Spirit is God present and active in our lives—our Advocate, Comforter, and Guide. It is the Spirit who gives us wisdom, courage, and understanding. It is the Spirit who convicts our hearts, strengthens our faith, inspires our service, and helps us to pray when words fail us.

Yet, it's easy to overlook the Holy Spirit in our personal prayer life. Pentecost invites us to remember: the same Spirit poured out on the apostles dwells in us. Let us not leave this divine gift unopened.

Next to this reflection, you'll find the Prayer to the Holy Spirit by St. Augustine. We encourage you to say it daily. Let it shape your heart, illuminate your path, and awaken the Spirit's quiet power within you.



Holy Spirit Prayer of Saint Augustine

Breathe in me, O Holy Spirit,
That my thoughts may all be holy.
Act in me, O Holy Spirit,
That my work, too, may be holy.
Draw my heart, O Holy Spirit,
That I love but what is holy.
Strengthen me, O Holy Spirit,
To defend all that is holy.
Guard me, then, O Holy Spirit,
That I always may be holy.

—Augustine of Hippo (354 AD-430 AD)



Parish Contacts

Pastor:
Fr. Paul Shepherd
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Deacon:
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Parish Manager:
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Communication Specialist:
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Parish Life

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women's League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children's Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

Get Involved



St. Patrick Parish, 15 Steeple Hill Cres.

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613-591-1135

www.stpatricksfallowfield.com

Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

