

# ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community, growing together in Christ for 160 years. Nourished by the sacraments, we serve with joy—within our parish and beyond.



## First Reading

Deuteronomy 8.2-3, 14b-16a

## Second Reading

1 Corinthians 10.16-17

## Gospel

John 6.51-58

Psalm 147

**PRAISE THE LORD,  
JERUSALEM.**

## Week of the Two Hearts

### Love Poured Out

This week, the Church's calendar draws us deeper into the love revealed in the Eucharist. We begin with Corpus Christi, celebrating Christ's true and abiding presence in the Blessed Sacrament. On Friday the 12<sup>th</sup>, we honour the Most Sacred Heart of Jesus: the heart of the Saviour, pierced for our salvation and burning with mercy for the world. On Saturday the 13<sup>th</sup>, we honour the Immaculate Heart of Mary, the heart of the Mother who received God's word with perfect trust and remained close to her Son in love.

Together, these days invite us to contemplate divine love and our response to it. Christ gives himself completely; Mary shows us how to receive him with faith. May this be a week of renewed devotion, gratitude, and love formed by the Heart of Christ.

## Gospel Reflection

In the Gospel for Corpus Christi, Jesus says, "I am the living bread that came down from heaven." He does not present himself merely as a teacher with wisdom to offer or as a leader with a cause to follow. He gives himself as food. His life is not kept at a distance from us; it is given for us and offered to us.

This is one of the most direct and demanding passages in John's Gospel. Jesus speaks of his flesh and blood, of eating and drinking, of life that comes from communion with him. The Eucharist is not something the Church invented to remember Jesus in a general way. It is Christ's own gift, entrusted to the Church, so that his

people may live by his life.

To receive the Eucharist is to admit our hunger before God. We come not because we are self-sufficient, but because we need the life only Christ can give. We come with gratitude, repentance, reverence, and hope. Holy Communion is not a reward for having everything in order; it is the medicine and nourishment by which Christ strengthens those who turn toward him.

This Sunday invites us to approach the altar with deeper faith: Christ gives himself for the life of the world, and he begins by feeding us.



# Mass Intentions

Saturday	5:00 p.m.	<ul style="list-style-type: none"> <li>† Sid Smith, by Per and Carole Talgoy.</li> <li>† Rosemary Shepherd, by Judy Rivers.</li> <li>† Jackie Goyette, by Debbie and Pierre Lanouette.</li> <li>† Deceased members of the Bergin Family, by Ann Burnett.</li> <li>† Dorothy Moreau, by Roger and Shirley Provost.</li> </ul>
Sunday	9:00 a.m.	<ul style="list-style-type: none"> <li>• People of the Parish</li> <li>† Guy Morand, by Dianne &amp; Pierre Boucher.</li> <li>† George Allen, by Marilyn Allen.</li> </ul>
Sunday	11:00 a.m.	<ul style="list-style-type: none"> <li>† Aimé Prince, by Estelle Baillargeon.</li> <li>† Alice Dell, by friend.</li> <li>† Margarete Sinhorin, by Gilmar Sinhorin.</li> </ul>
Tuesday	9:00 a.m.	<ul style="list-style-type: none"> <li>† Mayme Millar &amp; Jane Burt, by Judy Chambers.</li> </ul>
Wednesday	9:00 a.m.	<ul style="list-style-type: none"> <li>• Tom Warren (Intentions of), by Anne &amp; Alan Gordon.</li> </ul>
Thursday	9:00 a.m.	<ul style="list-style-type: none"> <li>† Terry Murphy, by the family.</li> </ul>
Friday	9:00 a.m.	<ul style="list-style-type: none"> <li>† All Souls Intention</li> </ul>

Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment



Receive the Bread of Life, and be transformed.

# News & Events

**June 9**  
**Anniversary of the Dedication of the Grotto of Our Lady of the Fields**

This Tuesday, June 9, marks the first anniversary of the dedication of the Grotto of Our Lady of the Fields at our parish. Rooted in love for Our Lady, the grotto stands as a visible sign of prayer, beauty, and parish life — and now serves as a fitting symbol as we celebrate this anniversary year of grace.

To view photos from the dedication and read more about the grotto, please visit:

**2026 AGM and Volunteer Appreciation Evening**  
 Tuesday, June 23, 7 p.m.

All parishioners are warmly invited to attend our AGM and Volunteer Appreciation Evening. Come out for an evening of fellowship, reflection, and gratitude as we share a financial update, hear presentations on parish life, our 160th, current initiatives, and look ahead with hope to the future of our parish. There will also be time for questions and feedback. A light meal will be served.

**160th Anniversary Parish Golf Classic**  
 Sunday, August 9, 1 p.m.

Join us at Manderley on the Green for our 160th Anniversary Parish Golf Classic, a fundraiser in support of our parish. The day includes golf, fellowship, prizes, dinner, a silent auction, and a \$10,000 hole-in-one prize at the 4th hole (see website for eligibility). Tickets are \$135 and include 18 holes, cart, and dinner. Dinner-only guests welcome for \$50. Register on our website.

## News & Announcements

### CWL Bursary Applications



Graduating this year and planning to attend college or university in the fall?

The Catholic Women's League is offering two \$1,000 bursaries to student parishioners of St. Patrick Parish, Fallowfield. Applications are due by June 18, 2026.

For more information or to submit your application, visit the parish website.

### The Finish Line Is In Sight

More than \$1 million has already been raised toward our Archdiocese's \$1.2 million Indigenous Reconciliation Fund pledge, supporting meaningful Indigenous-led projects in our region. Funds have helped support the Ottawa Children and Youth Pow Wow, a student exchange with Cree students from the Northwest Territories, and cultural learning opportunities for students attending Akwesasne's three schools.

On Sunday, June 21, National Indigenous Peoples Day, parishes across our Archdiocese will hold a collection for this fund. Learn more or donate online at [journeyforhealing.ca](http://journeyforhealing.ca)

### Help Us Preserve Our Parish History



As part of our 160th Anniversary History Committee Initiative, we invite parishioners and friends of the parish to share memories, stories, and historical facts from the life of our parish. A brief tidbit is just as welcome as a longer story, and you are welcome to submit more than once. Photos and documents are also welcome. Scan the QR code to learn more and submit your story.

### Parish FORMED Subscription Ending

Our parish FORMED subscription will expire on July 14, 2026, and we will not be renewing it at this time. While FORMED offers many valuable Catholic resources, parish use has not been strong enough to justify the cost.

We apologize to those who have been using the service. Before July 14, we will share a list of good Catholic resources, including free and lower-cost options, on our parish website.

## 160th Anniversary: Save These Dates

As we look ahead to our 160th anniversary year, a number of parish events are beginning to take shape. More details (and additional events) will be shared as plans are finalized. For now, please mark these dates on your calendar:



**Outdoor Mass + Family Luncheon**  
Sunday, July 12, 11:00 a.m.



**Family BBQ and events for the children**  
Sunday, Sept 13, 12:00 p.m.



**160<sup>th</sup> Anniversary Gala**  
Saturday, October 17, 2026



**160<sup>th</sup> Anniversary Mass & Sunday Receptions**  
Sunday, October 18, 2026



## Ministry SPOTLIGHT



## Lectors & Commentators

This weekend, we highlight our lectors and commentators, who help proclaim the Word of God each week. New lectors are needed at all three Masses. If you would like to learn more or consider joining this ministry, please speak with a current lector or visit the parish website.



**SCAN TO LEARN MORE OR SIGN UP!**

Learn more,  
Select Mass,  
& Register



Thank you for saying "yes" to serving our parish!

## News & Announcements

### Chalice Child Sponsorship Weekend

Chalice is coming to St. Patrick's! At the June 20th-21st Masses, Canada's largest Catholic Child Sponsorship organization will provide you the opportunity to begin a relationship with a child in the developing world through the benefits of Child Sponsorship. These are children in extreme poverty who need your support to excel in their education and fulfill their God-given potential. Please visit [chalice.ca](http://chalice.ca) for more information about Chalice and its mission. We would also be grateful if you could include the following in the Prayers of the Faithful that weekend: For each

child in need of a sponsor on this Chalice Sponsorship Weekend; may the Holy Spirit inspire those of us who feel called to reveal God's love by sponsoring a child in need...we pray to the Lord...



### Stay Engaged

Scan the QR code to stay connected with parish life—follow us on social media for updates and moments from our community, and subscribe to our mailing list so you never miss important news.

If you share photos from parish events, we'd be glad to see them—please tag us.



## Parish Contacts

Pastor:  
Fr. Paul Shepherd  
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David Piccolo  
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### Parish Life

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women's League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children's Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

### Get Involved



St. Patrick Parish, 15 Steeple Hill Cres.  
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613-591-1135

[www.stpatricksfallowfield.com](http://www.stpatricksfallowfield.com)

Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

