

ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community, growing together in Christ for 160 years. Nourished by the sacraments, we serve with joy—within our parish and beyond.



First Reading

Isaiah 55.10-11

Second Reading

Romans 8.18-23

Gospel

Matthew 13.1-23

Psalm 65

FOREVER I WILL SING
THE GOODNESS OF
THE LORD.

An Invitation to Register with the Parish

Many people who regularly attend Mass at St. Patrick Fallowfield are not registered with the parish office. In fact, some may not even know that parish registration is a thing, and that is completely understandable. Registering has always been optional, but there are a few reasons you may wish to consider it.

For those who choose to make donations, registration allows the parish to issue a tax receipt. Even for those who do not plan to donate, registration is still helpful in practical ways. It gives us a clearer picture of who is attending Mass with us and how our parish community is growing. Without registration, the only way we can estimate attendance is by counting people in the pews.

If this is where you regularly come for Mass, consider registering at your convenience. There is no pressure or expectation—just an open invitation.

Registration is available through the parish office or on our website.

Gospel Reflection

In the parable of the sower, Jesus does not describe a careful farmer placing seed only where success is guaranteed. The sower scatters generously. The Word of God is offered widely, even where the soil is hard, shallow, or crowded. This reveals something important about God: he does not wait until we are perfect before speaking to us.

At the same time, Jesus is honest about the condition of the human heart. Some hearts have become hardened. Some receive the Word quickly but without depth. Some are crowded by worry, distraction, and the desire for security. Some become good soil, not because life is easy,

but because they hear, understand, and allow the Word to remain.

This parable is not meant to discourage us. It is an invitation to conversion. Soil can be broken open. Rocks can be removed. Thorns can be cleared. The grace of God can make the heart fruitful again. Even a small act of attention to God's Word can become the beginning of deeper conversion.

The question for this week is simple and demanding: what kind of room am I giving the Word of God? The Lord is still sowing. Let us ask for hearts that are patient, attentive, and ready to bear fruit.

Mass Intentions

Saturday	5:00 p.m.	• People of the Parish.
Sunday	9:00 a.m.	• Gemma O'Sullivan (intentions of), by Paul and family.
Sunday	11:00 a.m.	• † Almino Sinhörin, by Gilmar Sinhörin. • † Geni Sinhörin, by Gilmar Sinhörin. • † Giovannina Marcuccio, by the Marcuccio family. • † Jim Smith, by Ann Burnett. • Shreyan Noronha (Thanksgiving)
Tuesday	9:00 a.m.	• † All Souls Intention.
Wednesday	9:00 a.m.	• † Fr. Henk Van Meijel, S.J., by Anne and Alan Gordon.
Thursday	9:00 a.m.	• † All Souls Intention.
Friday	9:00 a.m.	• † All Souls Intention.

Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment



Let grace
take root.

July 15 Memorial of St. Bonaventure

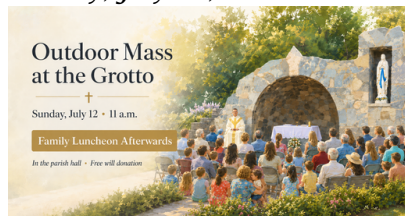
St. Bonaventure was not interested in a cold, detached knowledge of God. A Franciscan theologian, bishop, and Doctor of the Church, he believed that true wisdom begins in prayer and ends in love. Known as the “Seraphic Doctor,” he helped shape the Franciscan tradition after St. Francis, showing that holiness of heart and seriousness of mind belong together. For Bonaventure, the purpose of theology was not to win arguments, but to be drawn more deeply into the mystery of Christ. As he wrote,

“Let us die and enter into darkness; let us silence our cares, our desires, and our imaginings.”

His witness reminds us that the deepest truths of faith are not mastered from a distance; they are received by a heart willing to be converted.

News & Events

Outdoor Mass at the Grotto & Family Luncheon Sunday, July 12, 11:00 a.m.



Our regular 11:00 a.m. Mass will be celebrated outdoors at the Grotto as part of our parish's 160th Anniversary celebrations. Please bring your own lawn chair. A canopy tent will be available for those who require shade from the sun. After Mass, all are invited to the parish hall for a family luncheon hosted by the 160th Anniversary Fundraising Committee.

160th Anniversary Parish Golf Classic Sunday, August 9, 1 p.m.




Join us at Manderley on the Green for our 160th Anniversary Parish Golf Classic, a fundraiser in support of our parish. The day includes golf, fellowship, prizes, dinner, a silent auction, and a \$10,000 hole-in-one prize at the 4th hole (see website for eligibility). Tickets are \$135 and include 18 holes, cart, and dinner. Dinner-only guests welcome for \$50. Register on our website.

News & Announcements

160th Anniversary Cookbook Submissions



 The CWL is preparing a special cookbook for St. Patrick's 160th

Anniversary and is asking parishioners to submit their favourite family recipes.

Homemade classics of all kinds are welcome, including ethnic and traditional family recipes. You may submit as many recipes as you like, and each published recipe will include the name of the person who submitted it.

Recipes may be submitted through the form on the website. 225 recipes will be included in the book, so please send yours in soon.

Support our Parish at Boston Pizza Barrhaven



During our 160th Anniversary Year, Boston Pizza Barrhaven will donate 5% of eligible sales to St. Patrick's Parish.

When dining in, write "St. Patrick's Church" on your receipt and place it in the yellow school bus at the front of the restaurant. For takeout or delivery, mention St. Patrick's when ordering. Thank you for your support.

Help Us Preserve Our Parish History



 As part of our 160th Anniversary History Committee Initiative, we invite parishioners and friends of the parish to share memories, stories, and historical facts from the life of our parish. A brief tidbit is just as welcome as a longer story, and you are welcome to submit more than once. Photos and documents are also welcome. Scan the QR code to learn more and submit your story.

Support our Parish At Bridlewood Home Hardware



Did you know that your purchases at Bridlewood Home Hardware (Michael Cowpland at Eagleson) can benefit St. Patrick Parish? Simply mention you're from St. Patrick Parish at checkout, and a percentage of the pretax sales will be donated back to the church. Thank you for supporting this initiative!



Part-Time Cemetery Assistant Needed

Catholic Cemeteries of the Archdiocese, of which St. Patrick, Fallowfield is affiliated, is looking to hire a part-time, on-call Cemetery Assistant. Tasks would include cutting grass, assisting with burial site set-up and closing, and related work to ensure the cemetery is well maintained throughout the summer months. Currently, this position is for approximately 10 hours per week. If you are interested, please reach out to Marc Bisson, Director, at Hope Cemetery, 613-822-1212.

Sunday Smile

What three words go through a nervous bride's mind just before she walks up the wedding aisle?


Aisle. Altar. Hymn.


Or, said quickly: "I'll alter him!"



160th Anniversary: Save These Dates

 Family BBQ and events for the children
Sunday, Sept 20, 12:00 p.m.

 160th Anniversary Gala
Saturday, October 17, 2026

 160th Anniversary Mass & Sunday Receptions
Sunday, October 18, 2026

News & Announcements

Thank You for Supporting Chalice Child Sponsorship

Chalice extends a heartfelt “thank you” to Fr. Shepherd and St. Patrick Parish for hosting a Child Sponsorship Weekend on June 20-21. As a result, 10 children in need were sponsored, in addition to those who are usually sponsored after more time and consideration. On behalf of these children, thank you for your generosity and hospitality! You have revealed God’s love to His precious children. Chalice envisions a world where all children and families have the means to overcome the cycle of poverty. Please prayerfully

consider a call to sponsorship, a unique way to live out your faith by providing hope for a child in need. Please visit chalice.ca or call 1-800-776-6855 for more information on our mission or to sponsor a child today.



Stay Engaged

Scan the QR code to stay connected with parish life—follow us on social media for updates and moments from our community, and subscribe to our mailing list so you never miss important news.



Parish Contacts

Pastor:
Fr. Paul Shepherd
pastor@stpatricksfallowfield.com

Deacon:
Mark Masson
deacon@stpatricksfallowfield.com

Parish Manager:
Kati Holica
office@stpatricksfallowfield.com

Sacrament Administration:
Anita MacNeil
admin@stpatricksfallowfield.com

Bookkeeper:
Vlado Sigel
finance@stpatricksfallowfield.com

Communication Specialist:
David Piccolo
communications@stpatricksfallowfield.com

Parish Life

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women’s League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children’s Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

Get Involved



St. Patrick Parish, 15 Steeple Hill Cres.

Nepean, ON K2R 1G2

613-591-1135

www.stpatricksfallowfield.com

Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

