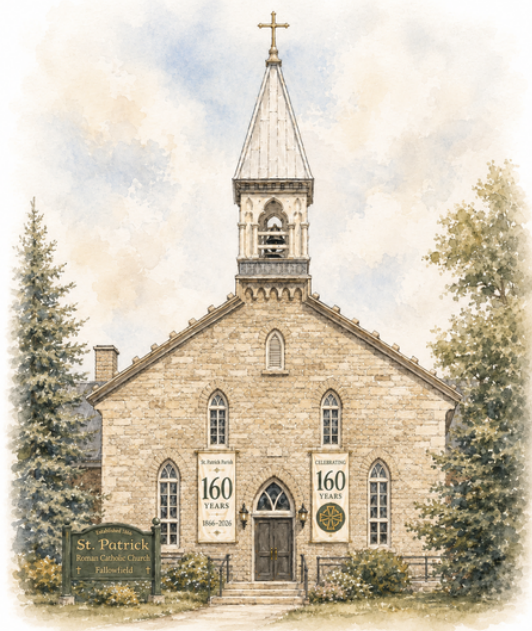


ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community, growing together in Christ for 160 years.
Nourished by the sacraments, we serve with joy—within our parish and beyond.



First Reading

Isaiah 55.1–3

Second Reading

Romans 8.35, 37–39

Gospel

Matthew 14.13–21

Psalm 145

THE HAND OF THE LORD
FEEDS US; HE ANSWERS ALL
OUR NEEDS.

Looking Ahead to September

September is coming, and parish life is beginning to take shape again — see the back cover for a first look at what to expect this fall.

August Papal Prayer Intention

For Evangelization in the City

For August, Pope Leo XIV asks us to pray “for evangelization in the city”: that in large cities, often marked by anonymity and loneliness, new ways may be found to proclaim the Gospel and build community. Cities can gather many people together while still leaving individuals feeling unseen. The Gospel is proclaimed wherever Christians refuse to treat others as invisible: through a greeting, a visit, an invitation to Mass, or a parish community that notices newcomers.

Here in Ottawa, this intention reminds us that evangelization begins close to home. Let us pray that our parish may become more attentive to those who need welcome, friendship, and the hope of the Gospel.

Gospel Reflection

When Jesus hears of John the Baptist’s death, he withdraws to a deserted place. Yet the crowds

follow him, bringing their sickness, hunger, and need. The Gospel tells us that Jesus has compassion for them. He sees them not as an interruption, but as people entrusted to his care.

The disciples are practical: the hour is late, the place is deserted, the crowd is large. Their solution is to send the people away. Jesus answers with a startling command: “They need not go away; you give them something to eat.” He does not deny the limits of what the disciples have. Five loaves and two fish are not enough. But in his hands, what is insufficient becomes

more than enough.

This Gospel teaches us to bring Christ what we actually have, not what we wish we had. Our faith may feel small, our patience thin, our resources limited, our parish efforts ordinary. Yet Christ receives what is offered sincerely, blesses it, and makes it fruitful. The miracle begins when the disciples stop measuring only what is lacking and place their poverty before the Lord.

The question is not whether we have enough on our own. We do not. The question is whether we are willing to place what we have in the hands of Christ and let him feed others through us.



Mass Intentions

Saturday	5:00 p.m.	• People of the Parish.
Sunday	9:00 a.m.	• † Nuala Connolly, by the Connolly/McRae family. • † Patricia Kelso, by the Moore family. • Richard Blank (Get Well/Health), by Cindy Noah.
Sunday	11:00 a.m.	• † James Kenneth May and Barbara Ann (née Connolly) May, by Jamie Patrick May.
Tuesday	9:00 a.m.	• † Katherine Young, by Monica and Ian Govan.
Wednesday	9:00 a.m.	• † Sid Smith, by Amanda, Melanie, Jake, and Violet.
Thursday	9:00 a.m.	• † All Souls Intention.
Friday	9:00 a.m.	• † Vivina and Alex Sue-Ping, by Pat Conway.

Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment



Open your hands as God opens his.

August 4 Saint John Vianney

Saint John Vianney, the Curé of Ars, is remembered for his humble holiness, tireless pastoral care, and deep devotion to the Sacrament of Reconciliation. He spent his priesthood serving a small parish with extraordinary patience and love, drawing many people back to Christ through prayer, preaching, and confession. His life reminds us that holiness is often built through fidelity to ordinary duties, generous service, and trust in God's grace. Through his intercession, let us pray for priests, for vocations, and for a renewed love of the mercy of Christ.

"Do not try to please everybody; try to please God, the angels, and the saints—they are your public,"
—Saint John Vianney

News & Events



Part-Time Cemetery Assistant Needed

Catholic Cemeteries of the Archdiocese, of which St. Patrick, Fallowfield is affiliated, is looking to hire a part-time, on-call Cemetery Assistant. Tasks would include cutting grass, assisting with burial site set-up and closing, and related work to ensure the cemetery is well maintained throughout the summer months. Currently, this position is for approximately 10 hours per week. If you are interested, please reach out to Marc Bisson, Director, at Hope Cemetery, 613-822-1212.

Parish Golf Classic - Ticket Sales Close on Aug. 4
Sunday, August 9, 1 p.m.



Join us at Manderley on the Green for our 160th Anniversary Parish Golf Classic, a fundraiser supporting our parish. Enjoy golf, fellowship, prizes, dinner, a silent auction, and a \$10,000 hole-in-one prize at the 4th hole (see website for eligibility). Ticket sales close August 4: \$135 includes 18 holes, cart, and dinner; dinner-only guests are welcome for \$50. Register on our website.

News & Announcements

160th Anniversary Cookbook Submissions

 The CWL is preparing a special cookbook for St. Patrick's 160th

Anniversary and is asking parishioners to submit their favourite family recipes.

Homemade classics of all kinds are welcome, including ethnic and traditional family recipes. You may submit as many recipes as you like, and each published recipe will include the name of the person who submitted it.

Recipes must be submitted through the form on the website no later than August 5. Please submit yours in soon.

Support our Parish at Boston Pizza Barrhaven

During our 160th Anniversary Year, Boston Pizza Barrhaven will donate 5% of eligible sales to St. Patrick's Parish.

When dining in, write "St. Patrick's Church" on your receipt and place it in the yellow school bus at the front of the restaurant. For takeout or delivery, mention St. Patrick's when ordering. Thank you for your support.

Help Us Preserve Our Parish History

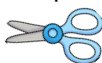
 As part of our 160th Anniversary History Committee Initiative, we invite parishioners and friends of the parish to share memories, stories, and historical facts from the life of our

parish. A brief tidbit is just as welcome as a longer story, and you are welcome to submit more than once. Photos and documents are also welcome. Scan the QR code to learn more and submit your story.

CWL School Supplies Drive

Please help the CWL fill backpacks for underprivileged students attending Catholic schools in our area. Donations of crayons, pencils, pencil crayons, sharpeners, erasers, scissors, glue sticks, rulers, pencil cases, lunch bags, themoses, as well as cash or gift cards (from Walmart, Staples, Giant Tiger) are all welcomed. Donations of supplies can be placed in the labelled totes at the link or at the church hall entrance. Gift cards and Cash can be placed in an envelope clearly marked 'CWL SCHOOL INITIATIVE' and dropped into the collection basket or at the Church Office no later than Tuesday, August 25.

Please note: Backpacks, lined paper, notebooks, duo-tangs, binders and pens are not required.



160th Anniversary: Save These Dates



Family BBQ and events for the children

Sunday, Sept 20, 12:00 p.m.



160th Anniversary Gala

Saturday, October 17, 2026



160th Anniversary Mass & Sunday Receptions

Sunday, October 18, 2026

August 6

Feast of the Transfiguration of the Lord

On the mountain, Peter, James, and John are given a glimpse of Christ's glory. For a moment, they see that the Jesus who walks with them in humility is truly the beloved Son of the Father.

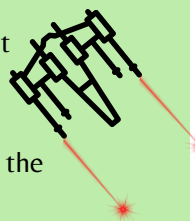
The Transfiguration is not an escape from the Cross. It comes as Jesus is preparing his disciples for the suffering that lies ahead. The light of Mount Tabor strengthens them for the road to Jerusalem. Before they see Christ rejected, condemned, and crucified, they are allowed to see his glory.

This feast reminds us that Christian hope is not based on wishful thinking, but on who Christ truly is. The Lord who shares our weakness is also the Lord of glory. The one who walks with us in ordinary days, in suffering, and in uncertainty is the same Lord whose light cannot be overcome.

For us, the Transfiguration is an invitation to listen more deeply to Christ. The Father's command is simple and demanding: listen to him. In prayer, in Scripture, in the Mass, and in the life of the Church, Christ continues to speak. When we listen to him, our vision begins to change. We learn to see our struggles, our responsibilities, and one another in the light of his glory.

Sunday Smile

Why do Star Wars fans make the best ushers?



Because they love the pew-pew action!

This week's Sunday Smile is courtesy of Pat Liscum, who accepts full responsibility. 😊

Looking Ahead to September

As August begins, St. Patrick Fallowfield is already preparing for the start of a new pastoral year. After the quieter rhythm of summer, parish life will soon take on a fuller shape again, with renewed opportunities for prayer, formation, fellowship, and service. Alpha will return, offering a welcoming space for conversation about faith, life, and the questions people carry. The Knights of Columbus will launch Cor, a gathering for men of the parish — Knights and non-Knights alike — centred on prayer, formation, and fraternity. The On Two Wings study group will begin a new book, and coffee socials will resume after Mass as a simple way to reconnect, welcome newcomers, and strengthen parish life. Fall scheduling is also beginning. Parish groups, ministries, and anyone planning events or weekend activities are encouraged to start thinking ahead so the coming months can be coordinated well. More details, dates, and sign-up information will be shared in the bulletin, on the parish website, and through parish communications in the next week or so. For now, please pray for the year ahead and consider where the Lord may be inviting you to take part.

Stay Engaged

Scan the QR code to stay connected with parish life—follow us on social media for updates and moments from our community, and subscribe to our mailing list so you never miss important news. If you share photos from parish events, we'd be glad to see them—please tag us.



Parish Contacts

Pastor: Fr. Paul Shepherd pastor@stpatricksfallowfield.com	Deacon: Mark Masson deacon@stpatricksfallowfield.com	Parish Manager: Kati Holica office@stpatricksfallowfield.com
Sacrament Adminstration: Anita MacNeil admin@stpatricksfallowfield.com	Bookkeeper: Vlado Sigel finance@stpatricksfallowfield.com	Communication Specialist: David Piccolo communications@stpatricksfallowfield.com

Parish Life — Regular Groups Resume in September

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women’s League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children’s Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

Get Involved



St. Patrick Parish, 15 Steeple Hill Cres.
Nepean, ON K2R 1G2
613-591-1135
www.stpatricksfallowfield.com
Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

