

ST. PATRICK PARISH, FALLOWFIELD



We are a vibrant and engaged faith community, growing together in Christ for 160 years.
Nourished by the sacraments, we serve with joy—within our parish and beyond.



First Reading

Jeremiah 20.7–9

Second Reading

Romans 12.1–2

Gospel

Matthew 16.21–27

Psalm 63

MY SOUL THIRSTS
FOR YOU, O LORD
MY GOD.

Young Voices Wanted for Our 160th Anniversary!

As part of St. Patrick's 160th Anniversary celebrations, we are inviting children and youth from Grade 1 through high school to join together for a special choir performance this October.

No previous musical experience is required. All young voices are welcome! Families who are interested can learn more and sign up using the form on our parish website.

For questions, contact Renata Ayoub at 613-853-9800 or stpatyouthengage@gmail.com

Coffee Social Host Scheduling Is Open

If you hosted a Coffee Social last year, or if you are interested in hosting one for the first time this year, we would be glad to hear from you. Parish groups, ministries, families, and individuals are all welcome to host.

To reserve a date or learn more, please email coffee@stpatricksfallowfield.com

Gospel Reflection

Peter's reaction to Jesus is understandable. He has just confessed Jesus as the Messiah, and now Jesus begins speaking about rejection, suffering, death, and resurrection. This is not the victory Peter expected.

His mistake is not that he loves Jesus too much. It is that he tries to define Jesus' mission according to his own expectations. Peter wants to protect Jesus from the Cross; Jesus knows that avoiding the Cross would mean abandoning the mission given by the Father.

The same temptation can appear in our discipleship. We may gladly follow Christ when his teaching confirms our plans, comforts us, or

gives us a sense of purpose. The harder question is what happens when faithfulness asks us to forgive someone, change a habit, speak truthfully, give generously, remain faithful in difficulty, or surrender something we would rather keep.

Jesus does not disguise the cost: "take up your cross and follow me." Yet neither does he present self-denial as an end in itself. The promise is life. What we surrender for Christ is placed in the hands of the One who passed through death into resurrection. This week, it may be worth asking not simply, "What cross must I endure?" but rather: Where is Christ asking me to follow him more faithfully, even at a cost?

Mass Intentions

Saturday	5:00 p.m.	• † Douglas & Rose Wijesekera, by Sherine, Anne & Family.
		• † Bernard Chan, by Maria.
		• † John and Gerry deKemp, by Bev Buckland.
		• Maria (birthday blessings and generational healing), by Mom and Dad.
Sunday	9:00 a.m.	• People of the Parish
Sunday	11:00 a.m.	• † Oswald and Kay Muldoon, by Msgr. Joseph Muldoon.
		• † Edward, Ellen and Annie Monaghan, by Msgr. Joseph Muldoon.
		• † Frank Spalding, by Debbie Mc'Laughlin.
Tuesday	9:00 a.m.	• † Lita Cassidy, by Judy Chambers.
Wednesday	9:00 a.m.	• For the grandkids (birthday blessings), by family.
Thursday	9:00 a.m.	• † Henk and Paula de Kemp, John and Gerrie de Kemp, by Susan Buchanan.
Friday	9:00 a.m.	• † Dr. Peter Fitzgerald, by the Enright and Boucher Families.

Reconciliation: Saturdays 4-4:45 p.m. in the sacristy or by appointment

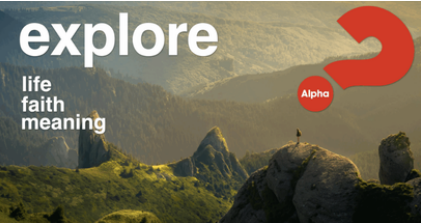


Don't just believe. Follow.

News & Events

Alpha 2026

Wednesdays starting Sept. 16th



Come and experience Alpha — a welcoming series that explores life, faith, and meaning. Each evening includes a shared meal, an engaging video, and open conversation in a friendly, non-judgmental environment. Whether you're new to the parish, curious about faith, or simply looking to connect with others, Alpha is a great way to meet fellow parishioners and enjoy meaningful discussions. Scan the QR code to learn how to register, we hope to see you there!

Cor: Prayer, Formation, and Fraternity for Men

Mondays starting Sept. 14th



Cor is a gathering for men of St. Patrick's Parish focused on prayer, formation, and fraternity. Hosted by Knights of Columbus Council No. 11271, Cor is open to all men of the parish, whether or not they are Knights. Cor helps men grow in faith and virtue, deepen their relationship with Jesus Christ, and build meaningful fellowship with other Catholic men. For more information see the website or email cor@kofc11271.org.

160th Anniversary Family Fun Day & BBQ

Sunday, Sept. 20th, 12:00 p.m.



Save the date for a Family Fun Day & BBQ on Sunday, September 20! Join us for an afternoon of family time, a barbecue, and activities for children, all free of charge. This will be a wonderful opportunity for parish families and friends to spend time together and enjoy the afternoon. Special thanks to CoolHeat Comfort Systems for their generous support. More details will be announced soon.



News & Announcements

160th Anniversary Gala Saturday, Oct. 17, 6:00 p.m.



Plans are well underway for St. Patrick Parish's 160th Anniversary Gala, taking place on Saturday, October 17, 2026. It promises to be a memorable evening of celebration, with dinner, dancing, a cash bar, and plenty of opportunity to gather with fellow parishioners and friends as we mark this historic milestone together.

Tickets are \$80 per person and will go on sale Tuesday, September 8. Tickets will be available through the parish office or online by e-transfer.

More details about the evening will be announced soon. For now, save the date and plan to join us for a special celebration of 160 years of faith and community.

Sunday Smile

How many of each animal did Moses bring onto the ark?

None! Moses was never even on the ark!

Come on, didn't you Noah that?



This week's Sunday Smile is courtesy of Pat Liscum, who accepts full responsibility.

Help Us Preserve Our Parish History



As part of our 160th Anniversary History Committee Initiative, we invite parishioners and friends of the parish to share memories, stories, and historical facts from the life of our parish. A brief tidbit is just as welcome as a longer story, and you are welcome to submit more than once. Photos and documents are also welcome. Scan the QR code to learn more and submit your story.

Support our Parish at Boston Pizza Barrhaven

During our 160th Anniversary Year, Boston Pizza Barrhaven will donate 5% of eligible sales to St. Patrick's Parish.

When dining in, write "St. Patrick's Church" on your receipt and place it in the yellow school bus at the front of the restaurant. For takeout or delivery, mention St. Patrick's when ordering.

Thank you for your support.



September 1st

From Swords to Plowshares: The World Day of Prayer for the Care of Creation

The World Day of Prayer for the Care of Creation is a day to give thanks to God for the gift of the created world, to recognize our responsibility for its care, and to pray for the healing of what human sin and indifference have damaged.

For 2026, Pope Leo takes as his theme the words of the prophet Isaiah: "They shall beat their swords into plowshares and their spears into pruning hooks" (Isaiah 2:4). It is a powerful image: instruments of destruction are transformed into tools that cultivate the earth and sustain life.

The Holy Father reminds us that the wounds of humanity and the wounds of creation are deeply connected. War destroys lives and families, but it also damages land, water, ecosystems, and food supplies. Violence against our neighbour and disregard for creation can both arise from the desire to dominate and use without regard for the good of others.

The Christian response begins with conversion. When the human heart is renewed by Christ, our relationships—with God, with one another, and with the world entrusted to us—can also be renewed. Care for creation is not simply an environmental concern added onto our faith. It belongs to our Christian vocation to receive God's gifts with gratitude and to use them with justice, restraint, and love.

The image of swords becoming plowshares also gives us hope. What has been directed toward destruction can be redirected toward life. Habits can change. Relationships can be reconciled. Resources can be used to nourish rather than destroy.

News & Announcements

Encounter School of Ministry - Ottawa Campus



Looking to grow in discipleship and go deeper with the Lord? Check out Encounter School of Ministry - Applications are open!

The Encounter School of Ministry offers long-term discipleship and practical tools so you can make the supernatural life of the Holy Spirit a natural part of your everyday life, just as Jesus intended.

- Sept. 9th - Orientation (For students and those discerning)
- Sept 15th - First Class - Come & See Night
- 6:00 Worship
- 6:45 Talks, Activations and more!
- St. Mary's Parish
- No registration required.

For more information or to apply, visit encounterschool.org/ottawa/, or scan here:



Stay Engaged

Scan the QR code to stay connected with parish life—follow us on social media for updates and moments from our community, and subscribe to our mailing list so you never miss important news. If you share photos from parish events, we'd be glad to see them—please tag us.



Parish Contacts

Pastor: Fr. Paul Shepherd pastor@stpatricksfallowfield.com	Deacon: Mark Masson deacon@stpatricksfallowfield.com	Parish Manager: Kati Holica office@stpatricksfallowfield.com
Sacrament Adminstration: Anita MacNeil admin@stpatricksfallowfield.com	Bookkeeper: Vlado Sigel finance@stpatricksfallowfield.com	Communication Specialist: David Piccolo communications@stpatricksfallowfield.com

Parish Life — Regular Groups Resume in September

- The 11 a.m. Choir practices on Wednesday evenings at 7:30 p.m. in the church.
- The 9 a.m. Choir practices on Thursday evenings at 6:15 p.m. in the church.
- The Legion of Mary meets Wednesday mornings in the McGivney Lounge (after the 9:00 a.m. Mass).
- The Catholic Women’s League meets on the 2nd Tuesday of the month at 6:45 p.m. in the Parish Hall.
- The Knights of Columbus meet on the 1st Tuesday of the month at 7:00 p.m. in Parish Hall.
- Children’s Liturgy, for ages 4 through 9, is offered during the 9:00 a.m. Sunday Mass.

Get Involved

St. Patrick Parish, 15 Steeple Hill Cres.
Nepean, ON K2R 1G2
613-591-1135

www.stpatricksfallowfield.com

Parish Office Hours: Tuesday – Friday, 9:30 a.m. – 3:30 p.m.

